

Literature

Books

Richards, D.; Hallberg I.R. (2015). **Complex Interventions in Health. An Overview of Research Methods.** Routledge.

Creswell JW., Clark VLP. (2011). **Designing and conducting mixed methods research.** Thousand Oaks, CA: Sage.

Articles

Frändin, Kerstin; Grönstedt, Helena; Helbostad, Jorunn L.; Bergland, Astrid; Andresen, Mette; Puggaard, Liss; Harms-Ringdahl, Karin; Granbo, Randi; Hellström, Karin.

Long-Term Effects of Individually Tailored Physical Training and Activity on Physical Function, Well-Being and Cognition in Scandinavian Nursing Home Residents: A Randomized Controlled Trial. *Gerontology* 2016 ;Volum 62.(6) s. 571-580

Bond L, Craig P, Egan M, Skivington K, Thomson H. Evaluating complex interventions. Health improvement programmes: really too complex to evaluate? *BMJ*. 2010 Mar 10;340:c1332. doi: 10.1136/bmj.c1332.

Bronken BA, Kirkevold M, Martinsen R, Kvigne K. The aphasic storyteller: coconstructing stories to promote psychosocial well-being after stroke. *Qual Health Res.* 2012 Oct;22(10):1303-16. doi: 10.1177/1049732312450366. Epub 2012 Jul 11.

Craig P, Dieppe P, MacIntyre S, Michie S, Nazareth I, Petticrew M: Developing and evaluating complex interventions: the new Medical Research Council guidance. *BMJ* 2008, 337: a1655, doi:10.1136/bmj.a1655.

Craig P, Dieppe P, Macintyre S, Michie S, Nazareth I, Petticrew M. Developing and evaluating complex interventions: the new Medical Research Council guidance. *Int J Nurs Stud.* 2013 May;50(5):587-92. doi: 10.1016/j.ijnurstu.2012.09.010. Epub 2012 Nov 15. No abstract available.

Craig P, Petticrew M. Developing and evaluating complex interventions: reflections on the 2008 MRC guidance. *Int J Nurs Stud.* 2013 May;50(5):585-7. doi: 10.1016/j.ijnurstu.2012.09.009. Epub 2012 Nov 16.

Kirkevold M, Martinsen R, Bronken BA, Kvigne K. Promoting psychosocial wellbeing following stroke using narratives and guided self-determination: a feasibility study. *BMC Psychol.* 2014 Feb 3;2(1):4. doi: 10.1186/2050-7283-2-4. eCollection 2014.

Langland, E., Tuntland, H., Førland, O., Aas, E. Folkestad, B. Jacobsen, F.F., Kjeken, I.. Study protocol for a multicenter investigation of reablement in Norway. *BMC Geriatrics* (2015) 15:111. DOI 10.1186/s12877-015-0108-y

Olsen, Christine; Pedersen, Ingeborg; Bergland, Astrid; Enders-Slegers, Marie-Jose; Ihlebæk, Camilla. Effect of animal-assisted activity on balance and quality of life in home-dwelling persons with dementia. *Geriatric Nursing* 2016 ;Volum 37.(4) s. 284-291

Richards D. et.al. Cost and Outcome of Behavioural Activation versus Cognitive Behavioural Therapy for Depression (COBRA): a randomised, controlled, non-inferiority trial. *Lancet* 2016; 388: 871–80.

[http://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736\(16\)31140-0.pdf](http://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736(16)31140-0.pdf)

Richards DA, Bower P, Chew-Graham C, Gask L, Lovell K, Cape J, Pilling S, Araya R, Kessler D, Barkham M, Bland JM, Gilbody S, Green C, Lewis G, Manning C, Kontopantelis E, Hill JJ, Hughes-Morley A, Russell A. Clinical effectiveness and cost-effectiveness of collaborative care for depression in UK primary care (CADET): a cluster randomised controlled trial. *Health Technol Assess*. 2016 Feb;20(14):1-192. doi: 10.3310/hta20140

Tunland, H., Aaslund, MK, Espehaug, B., Førland, O., Kjeken, I. (2015). Reablement in community-dwelling older adults: a randomised controlled trial. *BMC Geriatrics* (2015) 15:145, DOI 10.1186/s12877-015-0142-9

Selvvalgt litteratur

I tillegg velger deltagerne relevant litteratur i tilknytning til eget doktorgradsarbeid.

Det tas forbehold om endringer.