

## CV

### Professor Jan Frich

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#### Education/academic degrees

- Executive Board Program (Styreprogrammet), NHH, 2024
- Executive Board Program, Scandinavian Executive Institute/INSEAD, 2022
- Executive Certificate in Public Leadership, Harvard University, 2019
- Dr. med. (PhD), University of Oslo, 2008
- Master in Health Administration (MHA), University of Oslo, 2008
- Master of Science (MSc) in medical anthropology, Brunel University London, 2001
- MD (cand.med.), University of Oslo, 1996
- BSc (cand.mag.), University of Oslo, 1993

#### Certifications

- Certified Specialist in Neurology, 2008
- Authorized Physician (EEA/EU), 1999

#### Academic appointments

- Professor II (Adjunct), Faculty of Medicine, University of Oslo, 2018-
- Vice-Chair, Institute of Health and Society, Faculty of Medicine, University of Oslo, 2015-2017
- Head of Department, Department of Health Management and Health Economics, Faculty of Medicine, University of Oslo, 2015-2017
- Visiting Professor, Yale School of Public Health, Yale University, 2013-2014
- Professor (Full), Faculty of Medicine, University of Oslo, 2011-2018
- Associate Professor, Faculty of Medicine, University of Oslo, 2010-2011

#### Clinical/healthcare appointments

- CEO, Diakonhjemmet sykehus, 2023-
- Executive Director, Division of Health Services, Norwegian Institute of Public Health, 2022-2023
- Chief Medical Officer/Deputy CEO, South-Eastern Norway Regional Health Authority, 2018-2022
- Consultant, Department of Neurology, Oslo University Hospital, 2009-2017
- Consultant/Advisor, Center for Rare Diseases, Oslo University Hospital, 2010-2012
- Resident Physician in Neurology, Oslo University Hospital (Ullevål/Rikshospitalet), 2001-2008
- Internship, Kristiansund Hospital/Municipality of Ørskog, 1997-1999

#### Other appointments

- Editor, *Michael*, 2023-
- Associate editor, *BMJ Leader*, 2018-

**Scientific articles (2019- )**

1. Solbakken G, Bjørnarå B, Kirkhus EA, Nguyen B, Hansen G, **Frich JC**, Ørstavik K. MRI of trunk muscles and motor and respiratory function in patients with myotonic dystrophy type 1. *BMC Neurology* 2019; 19: 135. doi: <https://doi.org/10.1186/s12883-019-1357-8>.
2. Schwartz A, van Walsem MR, Brean A, **Frich JC**. Therapeutic use of music, dance, and rhythmic auditory cueing for patients with Huntington's disease: a systematic review. *J Huntington Dis* 2019; 8: 393–420. <https://doi.org/10.3233/jhd-190370>.
3. Husabø G, Nilsen RM, Flaatten H, Solligård E, **Frich JC**, Bondevik GT, Braut GS, Walshe K, Harthug S, Hovlid E. Early diagnosis of sepsis in emergency departments, time to treatment, and association with mortality: An observational study. *PLoS ONE* 2020; 15: e0227652. <https://doi.org/10.1371/journal.pone.0227652>.
4. Aristomo A, van Walsem MR, **Frich JC**. Self-reported physical activity in people with limb-girdle muscular dystrophy and Charcot-Marie-Tooth disease in Norway. *BMC Musculoskelet Disord* 2020; 21: 235. <https://doi.org/10.1186/s12891-020-03246-w>
5. Allwood D, Berendt T, Delgado P, **Frich JC**, Klaber B, Molloy A, Mountford J, Nigam A, Stoddart C, Swanwick T. This is different. *BMJ Lead* 2020;4: 80-1. <https://doi.org/10.1136/leader-2020-000250>.
6. Martinussen PE, Magnussen J, Vrangbæk K, **Frich JC**. Should I stay or should I go? The role of leadership and organisational context for hospital physicians' intention to leave their current job. *BMC Health Serv Res* 2020; 20: 400. <https://doi.org/10.1186/s12913-020-05285-4>.
7. Hovlid E, Teig IL, Halvorsen K, **Frich JC**. Inspecting teams' and organisations' expectations regarding external inspections in health care: a qualitative study. *BMC Health Serv Res* 2020; 20: 627. <https://doi.org/10.1186/s12913-020-05475-0>.
8. Hovlid E, Braut GS, Hannsidal E, Walshe K, Bukve O, Flottorp SA, Stensland PS, **Frich JC**. Mediators of change in healthcare organisations subject to external assessment: a systematic review with narrative synthesis. *BMJ Open* 2020; 10: e038850. <https://doi.org/10.1136/bmjopen-2020-038850>.
9. Husabø G, Nilsen RM, Solligård E, Flaatten H, Walshe K, **Frich JC**, Bondevik GT, Braut GS, Helgeland J, Harthug S, Hovlid E. Effects of external inspections on sepsis detection and treatment: a stepped-wedge study with cluster-level randomization. *BMJ Open* 2020; 10: e037715. <https://doi.org/10.1136/bmjopen-2020-037715>.
10. Husabø G, Teig IL, **Frich JC**, Bondevik GT, Hovlid E. Promoting leadership and quality improvement through external inspections of management of sepsis in Norwegian hospitals: a focus group study. *BMJ Open* 2020; 11: 10: e041997. <https://doi.org/10.1136/bmjopen-2020-041997>.
11. **Frich JC**, Allwood D, Berendt T, Delgado P, Dunscombe R, Klaber B, Molloy A, Mountford J, Nigam A, Stoddart C, Swanwick T, Joshi I. Seeing and managing the icebergs. *BMJ Lead* 2021; 5: 1–2. <https://doi.org/10.1136/leader-2020-000378>.
12. Ikram U, Ren H, Shields-Zeeman L, **Frich JC**, Jones DN, Wu J, Kuang M, Liu Y, Ma J. Balancing COVID-19 preparedness and 'business as usual' in hospitals: Lessons from executives in China, Norway and the United Kingdom. *BMJ Lead* 2021; 5: 130–3. <https://doi.org/10.1136/leader-2020-000314>.
13. Solbakken G, Løseth S, Froholdt A, Eikeland TD, Nærland, T, **Frich JC**, Dietrichs E, Ørstavik K. Pain in adult myotonic dystrophy type 1: relation to function and gender. *BMC Neurology* 2021; 21: 101. <https://doi.org/10.1186/s12883-021-02124-9>.
14. Lyons O, Robynne G, Galante, JR, Mafi A, Fordwoh T, **Frich JC**, Geerts JM. Evidence-based medical leadership development: a systematic review. *BMJ Lead* 2021; 5: 206–13 <https://doi.org/10.1136/leader-2020-000360>.
15. Kristoffersen ES, Faiz KF, Hansen JM, Tronvik EA, **Frich JC**, Lundqvist C, Winsvold BS. The management and clinical knowledge of headache disorders among general practitioners in Norway: a questionnaire survey. *J Headache Pain* 2021; 22: 136. <https://doi.org/10.1186/s10194-021-01350-3>.

16. Fossberg BC, **Frich JC**. District medical officers' perception of their own role. *Tidsskr Nor Lægeforen* 2022; 142, doi: 10.4045/tidsskr.21.0589. <https://doi.org/10.4045/tidsskr.21.0589>.
17. Andries A, van Walsem MR, Ørstavik K, **Frich JC**. Functional ability and physical activity in hereditary neuromuscular diseases. *J Neuromusc Dis* 2022; 9: 437–46. <https://doi.org/10.3233/jnd-210677>.
18. Hovlid E, Husabø G, Teig IL, Halvosen K, **Frich JC**. Contextual factors of external inspections and mechanisms for improvement in healthcare organizations: a realist evaluation. *Soc Sci Med* 2022; 298: 114872. <https://doi.org/10.1016/j.socscimed.2022.114872>.
19. **Frich JC**, Bratholm C, Ravnstad H, Friberg ML, Mjåset C; Kaarbøe OM. Medical leadership development during the COVID-19 pandemic. *BMJ Lead* 2022; 6: 316–8. <https://doi.org/10.1136/leader-2021-000452>.
20. van Walsem MR, **Frich JC**, Gomez M, Howe E, Pihlstrøm L, Andelic N, Aas E. Health related quality of life, service utilization and costs for patients with Huntington's disease in Norway. *BMC Health Serv Res* 2022; 22: 1527. <https://doi.org/10.1186/s12913-022-08881-8>.
21. Wiig S, Macrae CJ, **Frich J**, Øyri SF. Naming the “baby” or the “beast”? The importance of concepts and labels in healthcare safety investigation. *Front Public Health* 2023; 11: 1087268. <https://doi.org/10.3389/fpubh.2023.1087268>.
22. **Frich JC**, Allwood D, Busari JO, Chan M-K, Compagni A, Gemine R, Joshi I, Klaber R, Laker B, Loh E, Lyons O, Molloy A, Mountford J, Nigam A, Moses R, Noël J-L, Smith I, St John-Matthews J, Stoddart C, Williams CE. Looking back, leading forward: BMJ Leader 5 years on. *BMJ Lead* 2023; 7: 1–2. <https://doi.org/10.1136/leader-2023-000754>.
23. Fossmo HL, Ørstavik K, **Frich JC**, Robinson HS. Translation, reliability, and validity of the Norwegian version of the ABILHAND-NMD and the ACTIVLIM for Myotonic Dystrophy type 1. *Disabil Rehabil* 2023; 12: 1–9. <https://doi.org/10.1080/09638288.2023.2231848>.
24. Tjomslund O, Thoresen C, Ingebrigtsen T, Søreide E, **Frich JC**. Reducing unwarranted variation: can a ‘clinical dashboard’ be helpful for hospital executive boards and top-level leaders? *BMJ Leader* 2023; doi: 10.1136/leader-2023-000749 <https://doi.org/10.1136/leader-2023-000749>.
25. Haavet OR, Myhrer KS, Kates N, Mdala I, Aschim B, Lundevall S, Martinsen EW, **Frich JC**. Impact of a cognitive behavioural therapy training program on family physician practices: Cross-sectional study in Norway. *Can Fam Physician* 2023; 69: 784–91. <https://doi.org/10.46747/cfp.6911784>.
26. Geerts JM, Bishop S, Hiller S, Lyons O, Madore S, Mutwiri B, Sinclair D, Udod S, **Frich JC**. Gold standard research and evidence applied: the Inspire Nursing Leadership Program (INLP). *Healthc Manage Forum* 2024; 37: 141–50. <https://doi.org/10.1177/08404704241236908>.
27. Solbakken G, Løseth S, Nærland T, **Frich JC**, Dietrichs E, Ørstavik K. Neuropathic pain and presence of small and large fiber neuropathy in adults with DM1: a cross-sectional study. *Front Neurol* 2024; 15: 1375218. <https://doi.org/10.3389/fneur.2024.1375218>.
28. **Frich J**. Tre nye rapporter om prioritering. *Tidsskr Nor Lægeforen* 2024; 144. doi: 10.4045/tidsskr.24.0097. <https://doi.org/10.4045/tidsskr.24.0097>.
29. **Frich J**. Kvalitet – hvordan vite hva som er gode helsetjenester? *Michael* 2024; 21: 52-62. <https://doi.org/10.5617/michael.10951>.
30. van Walsem MR, Howe EI, Andelic N, **Frich JC**. Primary health care professionals' experiences with caring for patients with advanced Huntington's disease: a qualitative study. *BMC Primary Care* 2024; 25: 155. <https://doi.org/10.1186/s12875-024-02408-2>.

#### Full list of publications in CRISTIN:

<https://www.cristin.no/as/WebObjects/cristin.woa/wa/fres?sort=ar&la=no&action=sok&pnr=13843>

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