In 2016, there were 614 suicides, including 418 males and 196 females, which corresponds to a rate of 13.4 per 100 000 population, 18.2 per 100 000 men and 8.6 per 100 000 women aged 10 years or above in Norway.

**Number of Suicide Deaths by Sex and Calendar Time from 1970 to 2016**

**(Data of selected years were presented here in order to give an overview)**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Year** | **1970** | **1975** | **1980** | **1985** | **1990** | **1995** | **2000** | **2005** | **2010** | **2014** | **2015** | **2016** |
| **Men** | 231 | 283 | 372 | 429 | 488 | 411 | 414 | 360 | 386 | 403 | 402 | 418 |
| **Women** | 98 | 113 | 138 | 156 | 171 | 137 | 134 | 173 | 165 | 147 | 191 | 196 |
| **Both** | 329 | 396 | 510 | 585 | 659 | 548 | 548 | 533 | 551 | 550 | 593 | 614 |

**Number of Suicide Deaths by Sex and Calendar Year from 1969 to 2016**

**Suicide Mortality by Sex in Selected Years from 1970 to 2016**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Year** | **1970** | **1975** | **1980** | **1985** | **1990** | **1995** | **2000** | **2005** | **2010** | **2014** | **2015** | **2016** |
| **Men** | **14.5** | **17.1** | **21.6** | **24.1** | **26.8** | **22.2** | **21.8** | **18.2** | **18.2** | **17.9** | **17.6** | **18.2** |
| **Women** | **6.0** | **6.7** | **7.8** | **8.5** | **9.1** | **7.2** | **6.8** | **8.5** | **7.7** | **6.6** | **8.4** | **8.6** |
| **Both** | **10.2** | **11.8** | **14.6** | **16.1** | **17.8** | **14.6** | **14.2** | **13.3** | **13.0** | **12.3** | **13.1** | **13.4** |

**Suicide Mortality by Sex from Year 1969 Through 2016**

**(per 100 000 population 10+ years old)**

**Number of Suicide Deaths by Sex and Age-group, Selected Years from 1970 to 2016**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Age group** | **1970** | **1975** | **1980** | **1985** | **1990** | **1995** | **2000** | **2005** | **2010** | **2014** | **2015** | **2016** |
| **Women** |  |  |  |  |  |  |  |  |  |  |  |  |
| **10-19 years old** | 2 | 3 | 3 | 8 | 13 | 10 | 8 | 7 | 4 | 8 | 6 | 16 |
| **20-34 years old** | 15 | 23 | 35 | 46 | 26 | 25 | 33 | 47 | 33 | 30 | 44 | 40 |
| **35-49 years old** | 35 | 30 | 23 | 38 | 54 | 46 | 41 | 50 | 45 | 38 | 45 | 50 |
| **50-64 years old** | 32 | 34 | 51 | 40 | 33 | 26 | 27 | 44 | 60 | 47 | 52 | 55 |
| **65-79 years old** | 13 | 21 | 25 | 23 | 37 | 25 | 21 | 20 | 16 | 20 | 34 | 27 |
| **>= 80 years old** | 1 | 2 | 1 | 1 | 8 | 5 | 4 | 5 | 7 | 4 | 10 | 8 |
| **Total** | **98** | **113** | **138** | **156** | **171** | **137** | **134** | **173** | **165** | **147** | **191** | **196** |
| **Menn** |  |  |  |  |  |  |  |  |  |  |  |  |
| **10-19 years old** | 3 | 16 | 27 | 31 | 31 | 35 | 32 | 22 | 20 | 6 | 13 | 19 |
| **20-34 years old** | 51 | 70 | 100 | 137 | 139 | 116 | 124 | 105 | 104 | 105 | 97 | 105 |
| **35-49 years old** | 59 | 66 | 79 | 105 | 132 | 115 | 123 | 110 | 104 | 108 | 98 | 121 |
| **50-64 years old** | 80 | 84 | 102 | 95 | 91 | 62 | 71 | 77 | 84 | 109 | 118 | 112 |
| **65-79 years old** | 32 | 41 | 52 | 51 | 81 | 70 | 46 | 31 | 58 | 55 | 53 | 47 |
| **>= 80 years old** | 6 | 6 | 12 | 10 | 14 | 13 | 18 | 15 | 16 | 20 | 23 | 14 |
| **Total** | **231** | **283** | **372** | **429** | **488** | **411** | **414** | **360** | **386** | **403** | **402** | **418** |

**Number of Suicide Deaths by Age-group from Year 169 to 2016, Stratified by Sex**

**Age-specific Suicide Mortality in Women, from Year 1969 to 2016 (per 100 000 population)**

**Age-specific Suicide Mortality in Men, from Year 1969 to 2016 (per 100 000 population)**

**Number of Suicide Deaths in Specific Counties in Norway, Selected Years from 1980 to 2016**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **County** | **1980** | **1985** | **1990** | **1995** | **2000** | **2005** | **2010** | **2014** | **2015** | **2016** |
| **Østfold** | 23 | 38 | 47 | 34 | 30 | 27 | 33 | 27 | 44 | 44 |
| **Akershus** | 51 | 64 | 60 | 45 | 47 | 49 | 51 | 61 | 53 | 52 |
| **Oslo** | 92 | 81 | 99 | 88 | 84 | 77 | 74 | 65 | 82 | 75 |
| **Hedmark** | 26 | 29 | 32 | 27 | 26 | 22 | 31 | 29 | 28 | 32 |
| **Oppland** | 21 | 41 | 37 | 27 | 25 | 26 | 27 | 23 | 21 | 22 |
| **Buskerud** | 28 | 40 | 50 | 33 | 39 | 39 | 30 | 33 | 25 | 35 |
| **Vestfold** | 21 | 23 | 41 | 26 | 24 | 30 | 40 | 34 | 28 | 36 |
| **Telemark** | 14 | 14 | 29 | 22 | 26 | 26 | 18 | 21 | 23 | 19 |
| **Aust-Agder** | 7 | 17 | 12 | 13 | 13 | 16 | 10 | 17 | 17 | 15 |
| **Vest-Agder** | 18 | 22 | 24 | 19 | 10 | 15 | 20 | 15 | 16 | 20 |
| **Rogaland** | 40 | 32 | 31 | 39 | 48 | 42 | 48 | 49 | 58 | 44 |
| **Hordaland** | 49 | 47 | 40 | 50 | 51 | 47 | 53 | 57 | 53 | 67 |
| **Sogn og Fjordane** | 8 | 17 | 10 | 10 | 11 | 7 | 7 | 8 | 13 | 14 |
| **Møre og Romsdal** | 19 | 10 | 16 | 26 | 26 | 16 | 23 | 18 | 31 | 27 |
| **Sør-Trøndelag** | 21 | 29 | 40 | 22 | 29 | 29 | 26 | 34 | 40 | 38 |
| **Nord-Trøndelag** | 15 | 16 | 21 | 14 | 8 | 10 | 11 | 16 | 16 | 15 |
| **Nordland** | 33 | 33 | 41 | 30 | 28 | 23 | 24 | 23 | 26 | 32 |
| **Troms** | 15 | 14 | 19 | 13 | 14 | 20 | 11 | 13 | 13 | 19 |
| **Finnmark** | 9 | 18 | 10 | 10 | 9 | 12 | 14 | 7 | 6 | 8 |
| **Totalt** | **510** | **585** | **659** | **548** | **548** | **533** | **551** | **550** | **593** | **614** |

**Suicide Mortality of Selected Years by County, Standardized by WHO European Standard Population (per 100 000 population)**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **County** | **1980** | **1985** | **1990** | **1995** | **2000** | **2005** | **2010** | **2014** | **2015** | **2016** |
| **All counties** | 13.7 | 15 | 16.4 | 13.1 | 12.7 | 11.8 | 11.8 | 11.0 | 11.8 | 12.0 |
| **Østfold** | 11.2 | 17.3 | 20.9 | 14.3 | 12.2 | 11.1 | 12.5 | 9.7 | 15.6 | 15.3 |
| **Akershus** | 15.3 | 18.2 | 15.3 | 11.0 | 10.4 | 10.4 | 10.5 | 11.1 | 9.5 | 9.0 |
| **Oslo** | 20.7 | 18 | 22.9 | 19.1 | 17.5 | 14.3 | 14.7 | 10.9 | 13.5 | 12.1 |
| **Hedmark** | 14.2 | 16.1 | 17.3 | 15.2 | 14.3 | 12.1 | 17.2 | 15.4 | 14.2 | 17.0 |
| **Oppland** | 12.3 | 25.2 | 20.0 | 14.9 | 14.1 | 14.5 | 14.8 | 11.8 | 10.8 | 11.8 |
| **Buskerud** | 14.6 | 19.7 | 23.8 | 15.1 | 16.5 | 16.3 | 12.1 | 12.4 | 9.2 | 12.5 |
| **Vestfold** | 11.4 | 12.4 | 21.2 | 13.3 | 11.4 | 13.5 | 17.5 | 14.1 | 11.7 | 15.0 |
| **Telemark** | 9.5 | 10.0 | 17.9 | 12.7 | 15.3 | 16.2 | 10.5 | 12.5 | 13.4 | 11.2 |
| **Aust-Agder** | 9.0 | 20.1 | 13.3 | 13.7 | 13.0 | 16.3 | 9.6 | 15.9 | 15.5 | 13.2 |
| **Vest-Agder** | 15.4 | 16.7 | 18.7 | 13.0 | 6.7 | 9.2 | 11.8 | 8.5 | 9.6 | 11.4 |
| **Rogaland** | 15.9 | 10.4 | 9.5 | 12.3 | 13.7 | 11.3 | 11.3 | 11.0 | 13.0 | 9.6 |
| **Hordaland** | 14.1 | 12.9 | 10.8 | 11.7 | 12.3 | 11.0 | 11.2 | 11.5 | 10.7 | 13.2 |
| **Sogn og Fjordane** | 8.9 | 17.4 | 9.8 | 9.7 | 10.7 | 7.2 | 6.6 | 7.8 | 11.6 | 13.3 |
| **Møre og Romsdal** | 8.5 | 4.9 | 6.6 | 11.9 | 10.6 | 6.6 | 9.6 | 7.1 | 11.8 | 10.4 |
| **Sør-Trøndelag** | 9.1 | 11.6 | 16.7 | 8.7 | 11.0 | 10.0 | 9.3 | 10.7 | 13.2 | 12.2 |
| **Nord-Trøndelag** | 13.1 | 11.9 | 18.2 | 12.4 | 6.7 | 7.6 | 8.7 | 12.8 | 12.2 | 11.3 |
| **Nordland** | 15.8 | 15.0 | 19.2 | 12.4 | 12.6 | 10.0 | 10.9 | 9.9 | 10.7 | 13.3 |
| **Troms** | 10.6 | 8.4 | 13.5 | 9.1 | 9.0 | 13.3 | 6.6 | 8.0 | 7.7 | 11.5 |
| **Finnmark** | 16.4 | 19.1 | 12.9 | 12.9 | 12.7 | 14.6 | 18.8 | 9.9 | 8.0 | 10.6 |

**Monthly Distribution of Suicide Deaths, Selected Years from 1980 to 2016**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Month** | **1980** | **1985** | **1990** | **1995** | **2000** | **2005** | **2010** | **2014** | **2015** | **2016** |
| **January** | 34 | 51 | 53 | 47 | 40 | 48 | 49 | 49 | 54 | 60 |
| **February** | 34 | 36 | 57 | 36 | 56 | 42 | 39 | 42 | 39 | 47 |
| **March** | 44 | 45 | 54 | 51 | 49 | 46 | 55 | 53 | 40 | 42 |
| **April** | 58 | 49 | 52 | 56 | 60 | 46 | 44 | 47 | 54 | 56 |
| **May** | 48 | 55 | 62 | 34 | 56 | 46 | 63 | 57 | 50 | 57 |
| **Jun** | 34 | 53 | 53 | 48 | 45 | 50 | 50 | 43 | 55 | 44 |
| **July** | 43 | 57 | 43 | 36 | 38 | 46 | 37 | 47 | 60 | 44 |
| **August** | 39 | 52 | 48 | 63 | 37 | 49 | 58 | 28 | 40 | 51 |
| **September** | 47 | 47 | 69 | 39 | 40 | 51 | 46 | 45 | 57 | 54 |
| **October** | 41 | 52 | 64 | 46 | 39 | 32 | 34 | 47 | 44 | 53 |
| **November** | 43 | 52 | 49 | 45 | 41 | 32 | 43 | 43 | 52 | 52 |
| **December** | 42 | 35 | 55 | 47 | 47 | 45 | 33 | 49 | 48 | 54 |
| **Total** | **507** | **584** | **659** | **548** | **548** | **533** | **551** | **550** | **593** | **614** |

**Monthly Distribution of Suicides from Year 1969 to 2016, in Percentage**

**Number of Suicides by Specific Methods in Women and Men**

**Selected Years 1980-2016**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Method of suicide** | **1980** | **1985** | **1990** | **1995** | **2000** | **2005** | **2010** | **2014** | **2015** | **2016** |
| **Women** |  |  |  |  |  |  |  |  |  |  |
| **Poisoning** | 54 | 61 | 64 | 52 | 38 | 63 | 69 | 51 | 68 | 54 |
| **Hanging and suffocation** | 29 | 31 | 31 | 29 | 47 | 55 | 56 | 40 | 68 | 81 |
| **Drowning** | 28 | 33 | 34 | 28 | 19 | 15 | 17 | 16 | 22 | 16 |
| **Shooting and explosion** | 4 | 10 | 6 | 6 | 3 | 3 | 2 | 1 | 1 | 2 |
| **Cutting and stabbing** | 4 | 2 | 2 | 3 | 6 | 5 | 5 | 4 | 4 | 7 |
| **Jumping** | 8 | 9 | 17 | 12 | 14 | 14 | 10 | 18 | 8 | 17 |
| **Other or unspecified method** | 10 | 10 | 17 | 7 | 7 | 18 | 6 | 17 | 20 | 19 |
| **Total** | **137** | **156** | **171** | **137** | **134** | **173** | **165** | **147** | **191** | **196** |
| **Men** |  |  |  |  |  |  |  |  |  |  |
| **Poisoning** | 67 | 70 | 68 | 51 | 35 | 54 | 41 | 54 | 48 | 49 |
| **Hanging and suffocation** | 105 | 137 | 139 | 141 | 179 | 141 | 176 | 196 | 185 | 186 |
| **Drowning** | 21 | 17 | 31 | 18 | 18 | 15 | 12 | 18 | 15 | 11 |
| **Shooting and explosion** | 121 | 142 | 157 | 136 | 109 | 79 | 82 | 58 | 74 | 74 |
| **Cutting and stabbing** | 10 | 10 | 22 | 8 | 9 | 8 | 12 | 9 | 8 | 14 |
| **Jumping** | 11 | 14 | 14 | 14 | 18 | 15 | 16 | 20 | 29 | 29 |
| **Other or unspecified method** | 35 | 38 | 57 | 43 | 46 | 48 | 47 | 48 | 43 | 55 |
| **Total** | **370** | **428** | **488** | **411** | **414** | **360** | **386** | **403** | **402** | **418** |

**Suicide by Specific Methods in Women and Men in 2016, in Percentage**

**Methods for Suicide by Sex in Selected Years, in Percentage**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Suicide method** | **1975** | **1985** | **1995** | **2005** | **2015** | **2016** |
| **Men** |  |  |  |  |  |  |
| **Poisoning** | 20.5 | 16.4 | 12.4 | 15.0 | 11.9 | 11.7 |
| **Hanging and suffocation** | 31.1 | 32.0 | 34.3 | 39.2 | 46.0 | 44.5 |
| **Drowning** | 7.4 | 4.0 | 4.4 | 4.2 | 3.8 | 2.6 |
| **Shooting and explosion** | 31.8 | 33.2 | 33.1 | 21.9 | 18.4 | 17.7 |
| **Cutting and stabbing** | 2.8 | 2.3 | 1.9 | 2.2 | 2.0 | 3.4 |
| **Jumping** | 2.8 | 3.3 | 3.4 | 4.2 | 7.2 | 6.9 |
| **Other or unspecified method** | 3.5 | 8.9 | 10.5 | 13.3 | 10.7 | 13.2 |
| **Total** | **100.0** | **100.0** | **100.0** | **100.0** | **100.0** | **100.0** |
| **Women** |  |  |  |  |  |  |
| **Poisoning** | 41.1 | 39.1 | 37.9 | 36.4 | 35.6 | 27.5 |
| **Hanging and suffocation** | 19.6 | 19.9 | 21.2 | 31.8 | 35.6 | 41.3 |
| **Drowning** | 20.5 | 21.1 | 20.4 | 8.7 | 11.5 | 8.2 |
| **Shooting and explosion** | 0.9 | 6.4 | 4.4 | 1.7 | 0.5 | 1.0 |
| **Cutting and stabbing** | 4.5 | 1.3 | 2.2 | 2.9 | 2.2 | 3.6 |
| **Jumping** | 8.9 | 5.8 | 8.8 | 8.1 | 4.2 | 8.7 |
| **Other or unspecified method** | 4.5 | 6.4 | 5.1 | 10.4 | 10.5 | 9.7 |
| **Total** | **100.0** | **100.0** | **100.0** | **100.0** | **100.0** | **100.0** |