

NORPART 2018 - Annual Report 2021

1. Project info

Project number NORPART-2018/10039
Project title Collaboration in Higher Education in Mental Health between Nepal and Norway

Coordinating institution

UNIVERSITETET I OSLO (NO-UiO)
Unit: Institute of Clinical Medicine

Project coordinator in Norway

Name: Thapa, Suraj Bahadur
Gender: Male
Email: suraj.thapa@medisin.uio.no
Phone number: 99343167

Financial contact person

Name: Maier, Martin
E-mail: martin.maier@medisin.uio.no
Address: Kirkeveien 166
Søsterhjemmet
0450 OSLO
Phone number: +4796229059

Partners

Institution:	NP-Tribhuvan University (NP-TU)
:	
Unit:	Department of Psychiatry and Mental Health, Institute of Medicine
Contact person:	Ojha, Saroj
Gender:	Male
Degree:	MD
Position:	Professor
Email:	ojhasp@yahoo.com
Phone number:	9849497960
Institution:	NO-UNIVERSITETET I BERGEN (NO-UiB)
:	
Unit:	Faculty of Psychology
Contact person:	Eid, Jarle
Gender:	Male
Degree:	PhD
Position:	Professor in psychology
Email:	jarle.eid@uib.no
Phone number:	93035253

Institution:	NO-UiT The Arctic University of Norway (NO-UiT)
:	
Unit:	Department of Psychology
Contact person:	Brøndbo, Per Håkon
Gender:	Male
Degree:	PhD
Position:	Head of Institue RKBU North
Email:	per.h.brondbo@uit.no
Phone number:	+47 41406768
Institution:	NO-UNIVERSITETET I OSLO (NO-UiO)
:	
Unit:	Division of Mental Health and Addiction, Institute of Clinical Medicine, Faculty of Medicine
Contact person:	Thapa, Suraj Bahadur
Gender:	Male
Degree:	MD, PhD
Position:	Associate Professor
Email:	suraj.thapa@medisin.uio.no
Phone number:	99343167
Institution:	NP-Kanti Children Hospital (NP)
:	
Unit:	Child and Adolescent Psychiatry Department
Contact person:	Kunwar, Arun
Gender:	Male
Degree:	MD
Position:	Head of Department
Email:	arunkunwar@yahoo.com
Phone number:	+9779851102378
Institution:	NO-FORUT (NO)
:	
Unit:	FORUT Norway
Contact person:	Stavrum, Ståle
Gender:	Male
Degree:	Master
Position:	International Programme Director
Email:	staale@forut.no
Phone number:	+ 47 - 61 18 74 00
Institution:	NP-Child Workers in Nepal Concerned Centre (NP)
:	
Unit:	Head office
Contact person:	Pradhan, Madhav
Gender:	Male
Degree:	Master
Position:	President
Email:	cwin@mos.com.np
Phone number:	+0097714282255

Institution:	NO-Norwegian Psychiatric Association (NO)
:	
Unit:	Norwegian Psychiatric Association
Contact person:	Lien, Lars
Gender:	Male
Degree:	MD, PhD
Position:	Head, Board of TP-GMH
Email:	lars.lien@medisin.uio.no
Phone number:	+ 47 970 40 683
Institution:	NO-OSLO UNIVERSITETSSYKEHUS HF (NO)
:	
Unit:	Southern Oslo District Psychiatric Center
Contact person:	Søyegaard, Erik Ganesh Iyer
Gender:	Male
Degree:	MD
Position:	Consultant psychiatrist & unit chief
Email:	ersoee@ous-hf.no
Phone number:	92454499
Institution:	NP-Ministry of Health and Population (NP)
:	
Unit:	Secretary
Contact person:	Pokharel, Roshan
Gender:	Male
Degree:	MD
Position:	Secretary, Ministry of Health and Population
Email:	roshanpokharel107@gmail.com
Phone number:	+9779852024180
Institution:	NP-Mental Hospital (NP)
:	
Unit:	Mental hospital
Contact person:	Adhikari, Ananta
Gender:	Male
Degree:	MD
Position:	Hospital director
Email:	drananta@gmail.com
Phone number:	97715521333

Have there been any changes that are relevant to the project at the partner institutions during the past year?

Yes

New dean and assistant deans have been appointed at IOM TU. TU has also had a new Vice-Chancellor. We have also added two new partners as their roles are crucial in starting new academic programs.

Fields of education and training

- 1: Clinical medicine (502)
- 2: Psychology (206)
- 3: Public health (504)

Project period

Will the project be completed by the end of the initial project period, 31.12.2023?

No

Project period 01/2019 - 12/2024

2. Annual report

No-cost extension

Application for no-cost extension

We had applied for an extension of our project as stated in our annual report for 2021. The annual report with all the requested changes including the no-cost extension to 2024 was approved as confirmed by Hilde Kjøstvedt through her mail on 22th of June, 2021.

2.1 Project summary and results

Project summary and results

Project summary (from the project document)

Department of Psychiatry and Mental Health, Institute of Medicine (IOM), Tribhuvan University (TU) and Department of Adult Psychiatry, Institute of Clinical Medicine, University of Oslo (UiO) are together applying for a project to collaborate in education and research in mental health which will enhance the quality of higher education in Norway and Nepal. IOM, TU is supported by Kanti Children Hospital, Child Workers In Nepal, For Utvikling (FORUT) while UiO is supported by University of Bergen, University of Tromsø and Norwegian Psychiatric Association's Board of Transcultural Psychiatry & Global Mental Health. The need of development of highly educated mental health professionals has been emphasized by the government and experts of Nepal. Similarly, in Norway, there is a growing need to include cross-cultural aspects in training of mental health professionals due to an increasing diverse populations belonging to different cultures. The collaboration between these Universities and their supporting partners will create an excellent opportunity to promote mobility of 51 students (master & PhD) along with visit by academic personnel in both directions. In addition, organizing international seminars, guest lectures and courses, curriculum reviews of master programs, writing up of a new PhD curriculum in Nepal, developing common research projects and common supervision of master and PhD students in both countries will be the part of the program. Amending two decades old Master curriculum and starting a PhD program at IOM, TU will be an important outcome and a breakthrough in mental health education in Nepal. Women, underprivileged and indigenous populations will be given higher preference in the project in both countries. Norwegian students and staffs will also get a unique opportunity to learn from a resource-poor country and be able to establish some common research projects. The project has been structured to be sustainable for the future.

Project summary and results

Summary: Collaboration in Mental Health (COMENTH) is a NORPART project between Norway and Nepal hosted by the University of Oslo with Tribhuvan University (TU) as our major partner in Nepal and supported by the University of Bergen (UiB), University of Tromsø (UiT), Norwegian Psychiatric Association (NPA), Oslo University Hospital (OUH), Kanti Children Hospital (KCH), Child Workers In Nepal (CWIN) and For Utvikling (FORUT). This project aims to enhance the quality of higher education and research in Norway and Nepal in mental health through partnership and collaboration that covers three different disciplines: adult psychiatry, clinical psychology and child and adolescent psychiatry. The project has planned mobility of over 50 students (master & PhD), several academic and administrative personnel including high-level officers in both directions. In addition, organizing common international seminars, guest lectures and courses, curriculum reviews of master programs, writing up a new PhD curriculum in Nepal, developing common research projects and common supervision of master and PhD students in both countries are the major activities of this collaboration. Amending two-decades-old Master curriculum and starting a PhD program at IOM, TU will be important milestones and breakthroughs in mental health education in Nepal. Women, underprivileged and indigenous populations will be given higher preference in the project in both countries. Norwegian students and staff will also get a unique opportunity to learn from a resource-poor country and be able to establish some common research projects with Nepal.

Results: High-level visit by the Vice-chancellor of the TU and the Dean, Campus chief and the Head of Department of Psychiatry and Mental Health. IOM, TU took place in June 2019 with several fruitful meetings and seminars in Oslo. The curriculum of master program in psychiatry and psychology have been reviewed and revised in 2019-2020 and they are in the process of being amended by IOM, TU. Two permanent staff (assistant professors) from IOM, TU are pursuing PhD at UiO while they live in Nepal and work at IOM, TU. Similarly, one psychologist working at KCH has started her PhD at UiT in 2021. Our project was given two years' scholarship for a full-time master student at UiO and she has started from autumn 2021. Despite the pandemic, the majority of the project activities have still taken place as planned except for the physical mobilities of staff and students during 2020-2021. Some of the physical mobilities were either replaced with digital/virtual mobility or postponed to upcoming years. Participation in joint courses and supervision through digital platforms has helped us to mitigate most of the challenges during the pandemic. This has also given us an opportunity to include even more students in the common courses and also for a longer period than that of the earlier plans. UiB has developed a course in global mental health that gives 30 ECT - i.e. a full semester (originally planned 10 ECT) and this online course was attended by 8 students in 2020 and 4 students in 2021 from Nepal (original plan 2 students). Towards the end of 2021, 7 master students from UiB (4 from this project and 3 from another NORPART project) and 1 from UiO visited IOM TU and other collaborating partners in Nepal (original plan 2-3 students). PhD student mobility from Norway to Nepal was also partially carried out in 2020 and 2021. With regards to the mobility of PhD students from Nepal to Norway, all the 3 PhD students at IOM, TU and KCH who should have been in Norway for their PhD courses, have attended online courses and collected almost 30 credits during the pandemic. Two additional PhD students (1 at UiO, 1 at UiT) who started PhD before 2019 but are being jointly supervised by us affiliated to TU, KCH, UiO, UiT are going to complete their PhD this year. All these PhD students (5 in total) will be good resources to start PhD at IOM, TU. This will be a major breakthrough and an important milestone in higher education in mental health in Nepal. Total number of students exchanged until 2021 is 29 (11 physical and 18 digital/virtual) while 17 staff have also been exchanged. Moreover, we have been granted an extension of the project to 2024 so that we can have some of the postponed activities/mobilities during the last year. Eventually, the total number of students visiting Norway and Nepal (physical and digital) seems to be higher than originally planned if things go according to the revised plans. Moreover, our collaborating partners FORUT, CWIN and KCH have been granted 10 million kroner by NORAD for 2022 to expand the child & adolescent psychiatry and mental health (CAPMH) services at KCH and CWIN, including telemedicine. This will have a synergistic effect on our project. Similarly, TU and UiO have jointly applied for research grants to the Research Council of Norway for 12 million kroner with the possibility of several PhD and postdoc positions at TU and UiO.

2.2 Project implementation

Work plan for the project (from the previous annual report)

We have slightly revised the work plans for 2021 and the upcoming years. We are also hereby applying for an extension of our project to 2024.

2021 activities: with some remarks

- 3rd APM in Kathmandu: Partly organized on 19th January 2021 in zoom. We are planning a physical meeting in October/November in Kathmandu.
- Continuation of PhD forum for all the PhD candidates in Nepal and Norway:
- 2nd meeting for the development of PhD program and finalization: hybrid solution- through physical and zoom meetings
- 2 PhD students from Norway to Nepal for 1 & 3 months: We will try to recruit even though the pandemic is still a challenge

- Mobility of the 1st and 2nd PhD candidate from Nepal to Norway: Both the students are currently attending some online courses at UiO and are regularly being supervised by Professors from Norway via zoom. They may visit UiO if they are allowed and need to attend courses at UiO physically.
- Mobility of 8 Master students from Nepal to Norway as explained above under 2020: As explained below under this activity, it will not be possible to carry out this activity in 2021. This will thus be replaced by digital teaching and supervision. We are also applying for an extension of the project to 2024 where this will be a major part of the project activity.

- Mobility of 3 Master students (psychology) from Norway (UiB) to Nepal for 2 months: It may be possible by the end of the year if the pandemic gets under control. Alternative plan- to attend the joint course in global mental health.

- Mobility of 3 Master students (medicine or int. health) for 2 months from Norway (UiO) to Nepal (TU): Will be tried in the fall semester despite the ongoing pandemic. Alternatively, two-three medical /master students will be supervised jointly by teachers at UiO and IOM, TU.

- Int./ joint course/conference in Kathmandu: We are planning to organize this in October/November 2021 I. An alternative plan is to organize a series of webinars as of 2020.

- 1st PhD candidate submits PhD thesis at UiO: May be postponed to 2022

- Mobility of 1 PhD student from KCH to UiT. (Ms. Srijana Adhikari is following online courses in the spring semester. If she is allowed to travel, she will be visiting Tromsø later this year for a shorter period.

"Development of curriculum for 2-year fellowship education in child & adolescent psychiatry at UCAP - KCH"

2022 activities: (No major changes)

- 4th APM with midterm review in Kathmandu
- Mobility of 8 Master students from Nepal to Norway for 1-2 months (5 til UiO and 3 til UiB)
- Mobility of 3 Master students (psychology) from Norway (UiB) to Nepal. Duration of stay 2 months.
- Mobility of 2 Master students (medicine) from UiT to KCH, Nepal. Duration of stay 3 months.
- Mobility of 2 PhD student from Nepal to UiO
- Enrollment of 1st PhD candidate in IOM, TU
- Int/jt. course in Kathmandu
- Defence by 2nd PhD candidate in Norway
- Mobility of 1 PhD student from KCH to UiT
- Continuation of PhD forum for all the PhD candidates in Nepal and Norway:

"Development of curriculum for 2-year fellowship education in child & adolescent psychiatry at UCAP - KCH"

2023 activities

- 5th Annual Project Meeting in Kathmandu
 - 1 PhD Students from TU to UiO for 3 months
 - Mobility of 8 Master students from Nepal to Norway
 - 5 MD Psychiatry students to UiO for 1-2 months, 2 from KCH to UiT for 3 months
 - 3 MPhil Psychology students to UiB for 2 months
 - Mobility of 3 Master students (psychology) from Norway (UiB) to TU, Nepal.
 - Mobility of 2-3 Master students (medicine or int. health) from Norway (UiO) to Nepal (TU). Duration of stay 2-3 months.
 - Enrollment of 2nd PhD candidate under IOM, TU.
 - International course in Kathmandu in October
 - Mobility of 1 PhD student from KCH to UiT
- "Starting 2-year fellowship program in CAP at UCAP-KCH"

2024 tentative activities

- project meetings
- Mobility of Master & PhD students
- Common supervision, teaching, courses
- Enrollment of 3rd PhD candidate under IOM, TU.

Project progress and deviations 2021

COVID-19 pandemic continued to affect our project plans in 2021, however, we were better prepared than in 2020. Some of the initially planned mobilities were either postponed to future years or replaced by digital mobilities. With a better IT infrastructure at our collaborating institution, we used online solutions for some of the activities as described below. ***Significant deviations are written in italics.***

1. 3rd APM in Kathmandu: As mentioned in our annual report for 2020, we organized a digital annual meeting (part 1) on 19th January 2021 by using zoom with representations from all the participating institutions. Although we planned an additional physical annual meeting (part 2) in October/November 2021 in Kathmandu, that could not materialize due to the pandemic. Earlier also we have had this meeting once a year, in January /February.

2. Continuation of PhD forum for all the PhD candidates in Nepal and Norway: This has been organized regularly with some adjustments. In addition, all the PhD students at IOM TU participate in regular research meetings of the research group- Traumatic stress, forced migration and global mental health which is coordinated by the COMENTH-NORPART project leader. This group has over 15 members and this has given a broader opportunity for PhD candidates and established researchers in Norway and Nepal. This new activity will just continue.

3. 2nd meeting for the development of PhD program and finalization: The project coordinator visited IOM in October 2021 and had a series of meetings with the dean's office, the Department of Psychiatry, and other stakeholders. A PhD forum meeting was also organized in Kathmandu to discuss on start of PhD. *A follow-up visit to finalize PhD course contents and organize a larger workshop with the relevant stakeholders was planned from 3rd to 18th December which had to be canceled at the last moment with the insurgence of the Omicron virus in Norway and Nepal.* However, a digital meeting was held in late December where we discussed a bit more about it. We agreed that we need some more time to make course content for a PhD program. We have also realized that UiO should help in the starting years for courses and supervision.

4. 2 PhD students from Norway to Nepal for 1 & 3 months: A PhD student at UiO got 3 months stipend and used this period to finalize his PhD thesis through common supervision between TU and UiO. He has already submitted his PhD thesis to UiO in January 2022. *However, we could not send another PhD student for 1 month this year.*

5. Mobility of the 1st and 2nd PhD candidate from Nepal to Norway: *They could not travel to Norway due to the pandemic.* Sagun Pant and Saraswati Dhungana attended PhD courses that were run online by the Medical Faculty of University of Oslo. They were regularly supervised by Professors from Norway via zoom and emails and their progress is as good as it should have been.

6. Mobility of 8 Master students from Nepal to Norway as explained above under 2020: As explained and indicated in our annual report for 2020, we have partly replaced this year's mobility with digital teaching and supervision and partly applied for an extension in 2024.

7. Mobility of 3 Master students (psychology) from Norway (UiB) to Nepal for 2 months: *UiB sent 7 master students to Nepal*, 4 of them were from our NORPART project while the other 3 were master students selected for another NORPART project in Vietnam. Since UiB could not send 3 students to Vietnam, our project was asked to accommodate an additional 3 students. In a very short notice, IOM, TU and Kanti hospital were ready to receive and place 7 students. *Their stay in Kathmandu got however shortened by one week again due to the Omnicorn pandemic.*

8. Mobility of 3 Master students (medicine or int. health) for 2 months from Norway (UiO) to Nepal (TU): One Master student from UiO went to Nepal and was at IOM for a month, Her stay was also cut down again due to the increasing cases of COVID in Kathmandu. She has been a key person in developing a common research project between TUTH, IOM and UiO together with Karolinska Institutet and the University of Copenhagen. An application for funding has been sent to the Research Council of Norway on Feb 1, 2022. We had also two medical students ready to go to Nepal and be involved in a common research project between TU and UiO in early 2021. *However, they could not travel for the same reason i.e. pandemic. They have still managed to write a master thesis from the common research project with common supervision.*

9. Int./ joint course/conference in Kathmandu: *This got canceled due to the same reason-ongoing pandemic.*

10. 1st PhD candidate submits PhD thesis at UiO: *As indicated earlier, this has been postponed to 2022. The candidate started her PhD in late 2019 and her progress has been affected by the pandemic.*

11. Mobility of 1 PhD student from KCH to UiT: Ms. Srijana Adhikari has participated in online PhD courses at UiT and she has also received a digital supervision from her supervisors. Jasmine Ma has also been supervised by UiT and she will submit her thesis within 2022.

12. "Development of curriculum for 2-year fellowship education in child & adolescent psychiatry at UCAP - KCH": KCH is working on it in collaboration with FORUT.

Revised work plan and timeline

2022 activities: (Revised)

- * 4th annual project meeting and midterm evaluation in Oslo (June 2022)
- * Mobility of 3 Master students from TU, Nepal to Norway (UiB) for 6 weeks
- * Mobility of 3 Master students (psychology) from Norway (UiB) to Nepal for 6 weeks
- * Mobility of 2 Master students (medicine) from UiT to KCH, Nepal for 3 months.
- * Mobility of 2 PhD students from TU Nepal to UiO for 3 months
- * Enrollment of new PhD candidate at UiO and mobility to Norway for obligatory courses for 3 months
- * International/joint course in Kathmandu
- * PhD Thesis defense by R. Koirala at UiO & Jasmin Ma at UiT
- * Mobility of 2 PhD students from KCH to UiT
- * Continuation of PhD forum for all the PhD candidates in Nepal and Norway
- * Development of curriculum for 2-year fellowship education in child & adolescent psychiatry at UCAP - KCH
- * PhD curriculum and preparations: This will continue this year too.

2023 activities

- * 5th Annual Project Meeting in Kathmandu/Oslo
- * 2 PhD students from TU to UiO for 3 months and 1 PhD student for 1 month
- * Mobility of 8 Master students from Nepal to Norway
- * 5 MD Psychiatry (Master students) to UiO for 1-2 months

- * 3 MPhil Psychology (Master students) to UiB for 1 -2 months
- * Mobility of 2 Master students (psychology) from Norway (UiB) to TU, Nepal for 6 weeks.
- * Mobility of 2 Master students (medicine or int. health) from Norway (UiO) to Nepal (TU) for 6 weeks.
- * Enrollment of 1st PhD candidate under IOM, TU.
- * International /joint course in Kathmandu in October
- * Mobility of 2 PhD students from KCH to UiT
- * Starting 2-year fellowship program in CAP at UCAP-KCH

2024 tentative activities

- * Project meetings in Oslo/Kathmandu
- * Mobility of Master students (numbers and duration will be updated in 2022's annual report)
- * Mobility of PhD students (1 for 3 months til UiO, 1 for 2 months til UiT, 2 for 1 month til)
- * Common supervision, teaching, courses
- * Enrollment of 3rd PhD candidate under IOM, TU.

Risk assessment

COVID-19 pandemic which badly affected and almost paralyzed the whole world in 2020-21 has also affected our project and collaboration. However, the very recent developments regarding the pandemic are quite positive and have given us better hope in the upcoming years. Since we were better prepared in 2021 than in 2020, we have been able to replace most of the physical mobilities with digital mobilities and have also had some physical mobilities towards the end of 2021. It was also of great help that we were allowed to use some of the allocated funds to build infrastructure at TU and KCH that has enabled us to mitigate most of the challenges during the pandemic. Another challenge with a loss of 1 academic year/batch at IOM, TU (Psychiatry & Psychology) due to the pandemic has also hindered our plans for mobilities of master students especially in psychiatry. Since all the Universities in Norway offered digital teaching for master and PhD students, that have still made us achieve most of our goals. However, it is too early to predict how the COVID pandemic will be in near future and upcoming years.

2.3 Mobility, courses, and dissemination

2.3.1 Mobility

2.3.1.1 Planned student mobility

Total planned student mobility for the project period (from the Project Document)

Type of mobility	From	To	Number of students	Duration	Level
Long-term (3 months or more)	Nepal (NP)	Norway (NO)	3	9m, 0w, 0d	PhD
Three PhD students IOM, TU/ KCH will spend in total 9 months in three different years at UiB/UiO/UiT in order to attend courses, have meeting supervisors, Write papers and defend their PhDs.					
Long-term (3 months or more)	Nepal (NP)	Norway (NO)	17	3m, 0w, 0d	Master
Each year four Master students in psychology /psychiatry from Nepal will spend 3 months at UiB /UiO/UiT attending the program for international students in psychology /psychiatry and mental health. In the last year there will be one additional student fom Kanti Children Hospital.					
Long-term (3 months or more)	Nepal (NP)	Norway (NO)	2	3m, 0w, 0d	PhD
Two PhD students from Nepal in psychiatry will spend 3 months at UiB/UiO/UiT to attend graduate research seminars and work on their PhD thesis.					
Long-term (3 months or more)	Norway (NO)	Nepal (NP)	16	3m, 0w, 0d	Master
Professional medical /psychology / master students at UiO/UiB/UiT will get stipend to go to Nepal for three months.					

Type of mobility	From	To	Number of students	Duration	Level
Long-term (3 months or more)	Norway (NO)	Nepal (NP)	4	3m, 0w, 0d	PhD
Four PhD students in psychology/psychiatry from UiB/UiO/UiT will spend a total of 3 months in Nepal at TU / Kanti Children's hospital in order to do some collective research or participate in common courses or projects in mental health.					
Long-term (3 months or more)	Norway (NO)	Nepal (NP)	1	12m, 0w, 0d	PhD
One PhD student in psychology/psychiatry from UiB/UiO/UiT doing Research based in Nepal will spend a total of 12 months in Nepal at TU / Kanti Children's hospital in order to collect research data on a collaborative clinical research projects in mental health.					
Short-term (up to 3 months)	Nepal (NP)	Norway (NO)	8	1m, 0w, 0d	Master
2 Master students each year will visit Norway for 1 month duration to attend courses/ summer School/ research activities etc.					
Total			51	164m, 0w, 0d	

Travel summary

	NP	NO
Short-term (up to 3 months)		
Nepal (NP)		8
Long-term (3 months or more)		
Nepal (NP)		22
Norway (NO)	21	

2.3.1.2 Actual student mobility

Actual student mobility

Type	From	To	Male	Female	Months	Weeks	Days	Level	Year
Combined work placement course	Nepal (NP)	Norway (NO)		1	3			PhD	2019
Work placement	Norway (NO)	Nepal (NP)	1		6			PhD	2020
Joint study programme	Norway (NO)	Nepal (NP)		7	1			Master	2021
Work placement	Norway (NO)	Nepal (NP)		1	1			Master	2021
Work placement	Norway (NO)	Nepal (NP)	1		3			PhD	2021
Total			2	9	20				

Travel summary

	NP	NO
Joint study programme		
Norway (NO)	7	
Work placement		
Norway (NO)	3	
Combined work placement / course		
Nepal (NP)		1

2.3.1.3 Staff mobility

Type	From	To	Gender	Months	Weeks	Days	Year
Study visit, institutional/	Nepal (NP)	Norway (NO)	Male		1		2019

Type	From	To	Gender	Months	Weeks	Days	Year
corporate visit							
Study visit, institutional/corporate visit	Nepal (NP)	Norway (NO)	Male		1		2019
Study visit, institutional/corporate visit	Nepal (NP)	Norway (NO)	Male		1		2019
Study visit, institutional/corporate visit	Nepal (NP)	Norway (NO)	Male		1		2019
Development of course/study programme/degree	Nepal (NP)	Norway (NO)	Female			10	2019
Project meeting/support activity	Norway (NO)	Nepal (NP)	Female		1		2019
Development of course/study programme/degree	Norway (NO)	Nepal (NP)	Female		1		2019
Teaching at joint course (semester)	Norway (NO)	Nepal (NP)	Female		1		2019
Project meeting/support activity	Norway (NO)	Nepal (NP)	Male			10	2019
Workshop, seminar, conference	Norway (NO)	Nepal (NP)	Male			10	2019
Workshop, seminar, conference	Norway (NO)	Nepal (NP)	Male		1		2019
Workshop, seminar, conference	Norway (NO)	Nepal (NP)	Female		1		2019
Project meeting/support activity	Norway (NO)	Nepal (NP)	Female		1		2019
Project meeting/support activity	Norway (NO)	Nepal (NP)	Female		1		2019
Development of course/study programme/degree	Norway (NO)	Nepal (NP)	Female		1		2019
Project meeting/	Norway (NO)	Nepal (NP)	Male		1		2020

Type	From	To	Gender	Months	Weeks	Days	Year
support activity							
Project meeting/ support activity	Norway (NO)	Nepal (NP)	Male		1		2020
Study visit, institutional/ corporate visit	Norway (NO)	Nepal (NP)	Male		1		2020
Development of course/ study programme/ degree	Norway (NO)	Nepal (NP)	Male		1		2021
Total				19	16	30	

Travel summary

	NP	NO
Study visit, institutional/corporate visit		
Nepal (NP)		4
Norway (NO)	1	
Teaching at joint course (semester)		
Norway (NO)	1	
Development of course/study programme/degree		
Nepal (NP)		1
Norway (NO)	3	
Workshop, seminar, conference		
Norway (NO)	3	
Project meeting/support activity		
Norway (NO)	6	

2.3.1.4 Virtual exchange

Virtual student exchange

Type	From	To	Male	Female	Days	Level	Year
COIL	Nepal (NP)	Norway (NO)	3	5	70	Master	2020
They participated in 3 courses, almost a full semester with exams.							
COIL	Nepal (NP)	Norway (NO)	2	2	70	Master	2021
They participated in 3 courses, almost a full semester with exams.							
Virtual work placement	Norway (NO)	Nepal (NP)		2	45	Master	2021
2 medical students worked in a joint research project							
Synchronous online learning	Nepal (NP)	Norway (NO)	1	1	100	PhD	2021
Sagun and Saraswati							
Synchronous online learning	Nepal (NP)	Norway (NO)		1	50	PhD	2020
Synchronous online learning	Nepal (NP)	Norway (NO)		1	50	PhD	2021
For Srijana							
Total			6	12	1230		

Virtual staff exchange

-PhD students (number 3) in Kathmandu were regularly supervised by their supervisors at UiO and IOM TU through zoom and mail correspondences in 2020 and 2021.

-PhD student at KCH was similarly supervised by her supervisors at UiT and FORUT in 2020 and 2021.

2.3.2 Courses

2.3.2 Courses/programmes

Course name:	International course in trauma, cultural psychiatry and global mental health
Course code/ID:	
Description:	Since 2017, UiO and IOM, TU in collaboration with McGill University in Montreal, Canada started a joint course in cultural psychiatry and global mental health. UiB and UiT will be new partners and the course will be expanded to 3-5 days. This course will be attended by medical students, master and PhD students in psychiatry and psychology and any other mental health profession from anywhere and Nepal. We had 60 participants last year and expect to get 100 this year in October 29-30 in Kathmandu.
Discipline area:	Public health
Language of teaching:	English
ECTS Credits:	8,00
Start:	2019
Students IoN:	30
Students liN:	0
Institution(s) offering the degree:	NP-Tribhuvan University
Status:	Started

Course name:	M.Phil.
Course code/ID:	
Description:	The M.Phil. Clinical Psychology is a two years course with eligibility for MA students in general psychology with clinical psychology as specialization course from Tribhuvan University or any other recognized university. Its curriculum has not been updated since it had started almost two decades ago. The applicants have to appear on entrance exams and interview for admission. Only two-three students are admitted in a year. The student goes through two years full time residential training in TUTH with a designated guide for clinical supervision. The
Discipline area:	Psychology
Language of teaching:	English
ECTS Credits:	120,00
Start:	2019
Students IoN:	3
Students liN:	0
Institution(s) offering the degree:	NP-Tribhuvan University
Status:	Started

Course name:	MD Psychiatry
Course code/ID:	
Description:	The program of clinical residency in psychiatry, currently followed in DPMH, IOM is old. We plan to update the curriculum and the program
Discipline area:	Clinical medicine
Language of teaching:	English
ECTS Credits:	180,00
Start:	2019
Students IoN:	5

Students IiN:	0
Institution(s) offering the degree:	NP-Tribhuvan University
Status:	Started

Course name:	PhD in Psychiatry/Mental health
Course code/ID:	
Description:	We are planning to start a PhD program at IOM, TU with assistance from UiO/UiB/UiT/McGill from 2022.
Discipline area:	Clinical medicine
Language of teaching:	English
ECTS Credits:	30,00
Start:	2022
Students IoN:	0
Students IiN:	0
Institution(s) offering the degree:	NP-Tribhuvan University
Status:	Not started

Course name:	Psychosocial intervention and crisis psychology
Course code/ID:	
Description:	<p>This proposed course will be developed by the Center for Crisis Psychology and will consist of several 2-3 day modules focusing at: (a) Diagnosis and assessment of acute and chronic posttraumatic stress reactions in children and adolescents, (b) The teaching recovery technique (TRT) for coping with trauma, (c) Children and grief - teaching life skills, (d) School and Community based interventions after major natural or man made disasters</p> <p>COMMENTS: In 2020, UiB was able to expand this course to 30 ECT which was conducted fully online for 5 weeks. This course in global mental health had three subtopics with 10 ECTs each. This was attended by 8 from Nepal (the original plan was 3 students), 8 from Bergen and 2 from Oslo.</p> <p>This will continue this year and in upcoming years.</p>
Discipline area:	Psychology
Language of teaching:	English
ECTS Credits:	30,00
Start:	2020
Students IoN:	8
Students IiN:	10
Institution(s) offering the degree:	NO-UNIVERSITETET I BERGEN
Status:	Started

2.3.3 Dissemination

Dissemination

Dissemination activities are important to raise awareness and extend the impact of the project results, both internally at the institutions involved, as well as to external stakeholders and the public. Please register the dissemination activities connected to the project in 2022. This may include activities for recruitment, information at institutional or network level, presentations in conferences or other settings, media coverage, and so on.

Title: "Opportunities and challenges in collaboration projects - A NORPART case study"
 Author(s): Pallavi Joshi
 Location: University of Bonn, Germany
 Link to online version of dissemination:
 Date (mm.yyyy): 06/2020
 Joint dissemination: Yes
 Audience/ Recipient(s): Scientific audience
 Type of dissemination: Other
 Comments: Ms. Pallavi Joshi, a MSc student at University of Bonn has written a MSc Thesis on our NORPART project. This has been approved by her University.

Title: Collaboration in Higher Education in Mental Health between Norway and Nepal
 Author(s): Suraj Thapa
 Location: Fredrik Holsts hus,
 Link to online version of dissemination:
 Date (mm.yyyy): 06/2019
 Joint dissemination: Yes
 Audience/ Recipient(s): Scientific audience
 Type of dissemination: Conference/seminar presentation without refereed paper
 Comments: Oral presentation by project leader in a joint seminar between UiO and TU in global mental health and global neurology held in Oslo on 4th June 2019

Title: Collaboration in Higher Education in Mental Health between Norway and Nepal
 Author(s): UiO
 Location:
 Link to online version of dissemination: <https://www.med.uio.no/klinmed/english/research/projects/comenth/>
 Date (mm.yyyy): 04/2019
 Joint dissemination: No
 Audience/ Recipient(s): Other
 Type of dissemination: Other
 Comments: own website at UiO

Title: Collaboration in Higher Education in Mental Health between Norway and Nepal
 Author(s): Suraj Thapa
 Location: University of Bergen
 Link to online version of dissemination:
 Date (mm.yyyy): 04/2019
 Joint dissemination: No
 Audience/Recipient(s): Scientific audience
 Type of dissemination: Conference/seminar presentation without refereed paper
 Comments: Global health meeting/conference in Bergen

Title: From exchange and travels to digital collaboration in COMENTH
 Author(s):
 Location: News at Institute of Clinical Medicine, UiO's webpage
 Link to online version of dissemination:
 Date (mm.yyyy): 06/2021
 Joint dissemination: Yes
 Audience/Recipient(s): Other
 Type of dissemination: Media coverage
 Comments: Exchanges and travels between Nepal and Norway are important parts of the COMENTH project. The pandemic has put a halt to this. Yet, through a partial reallocation of funds and digital solutions, the researchers have managed to implement some of the project's activities.

Title: Mental health in Nepal and needs
 Author(s): Mita Rana
 Location: University of Bergen
 Link to online version of dissemination:
 Date (mm.yyyy): 05/2019
 Joint dissemination: Yes
 Audience/Recipient(s): Other
 Type of dissemination: Other
 Comments: Psychology students at UiB

Title: NORPART project and opportunities for student exchange
 Author(s): Jarle Eid
 Location: University of Bergen
 Link to online version of dissemination:
 Date (mm.yyyy): 08/2019
 Joint dissemination: No
 Audience/ Recipient(s): Other
 Type of dissemination: Other
 Comments: Information's meeting to psychology students in Bergen

Title: NORPART project collaboration between Norway and Nepal: Challenges due to Pandemic
 Author(s): Suraj B. Thapa
 Location:
 Link to online version of dissemination:
 Date (mm.yyyy): 12/2020
 Joint dissemination: Yes
 Audience/ Recipient(s): Scientific audience
 Type of dissemination: Other
 Comments: Presented in a webinar "Strengthening Nepal's response to fight the pandemic" organized by TU, UiO, McGill University, Empower School of Health and Kathmandu University - 3-4 December, 2020

Title: PROJECT REPORT INTERNATIONAL SEMESTER 2021, Students and staff at Center for Crisis Psychology, UiB
 Author(s): Students, administrative and academic staff at UiB
 Location: UiB
 Link to online version of dissemination: Will be published soon
 Date (mm.yyyy): 03/2022
 Joint dissemination: Yes
 Audience/ Recipient(s): General public
 Type of dissemination: Non-scientific report
 Comments: This report is based on the exchange visit from Norwegian master students winter 2021.
 The report will be published online at University of Bergen website.

Title:	Verden trenger psykologer
Author(s):	UiB- psykologi studenter
Location:	
Link to online version of dissemination:	https://katarsisuib.no/namaste-verden-trenger-psykologer/
Date (mm.yyyy):	
Joint dissemination:	No
Audience/ Recipient(s):	Local communities
Type of dissemination:	Website
Comments:	Published in journal of psychology students at UiB

3. Activities

3.1 Project development

Name:	Annual project meeting
Activity:	International project meetings
Description:	Each year we will organize a meeting either in Kathmandu or Oslo in order to review previous year's activities and/or plan for next year's activities. We expect two persons travelling either from Oslo to Kathmandu or vice-versa. The first meeting will take place as soon as possible in 2019 in order make a good plan. Sometimes we can also have it twice a year as per the need within the given budget frame. Then we will combine it with other activities.
Start:	Jan/2019
End:	Dec/2023
Status:	Started
Participants:	10
Budget and expenditures:	

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	39 115	44 432	0	100 000	40 000	0	223 547
Meeting costs	7 671	15 841	6 214	23 786	20 000	0	73 512
Other	0	0	0	0	5 000	0	5 000
SUM - Activity	46 786	60 273	6 214	123 786	65 000	0	302 059
SUM - Total	46 786	60 273	6 214	123 786	65 000	0	302 059

Comments:	<p>Annual project meeting: Budget 2021: UiO: 20 000. UiT: 20 000, TU: 15 000. Total: 55 000. Used 2021: 6 214 , Remaining amount: 48 786 Comments: We could not organize the international meeting in 2021 due to the pandemic. We request to transfer this remaining amount to 2022 to the annual project meeting in Oslo so that all the collaborating partners including the new dean at IOM and new vice-chancellor of TU, new director of KCH could attend this meeting.</p> <p>Revised Budget 2022: 123 786 NOK to cover expenses for 4 persons travel costs to Oslo, Norway from Nepal</p>
-----------	--

Name:	PhD curriculum development
Activity:	Joint curriculum development
Description:	Since the long-term plan is to start PhD program at the Institute of Medicine, we need to develop a curriculum for PhD. IOM has an aim to start its own PhD in mental health from 2022/2023. By then, they will have at least 2 completed PhDs from the

Norwegian Universities which will also give good exposure to the requirements for PhD at these Universities. The PhD curriculum will be based on PhD curriculum of UiO/UiB/UiT with certain modifications that are required for implementing it in Nepal according to the local context and needs of IOM. A team comprised of faculties from both the Universities will take the responsibility for this task. Rules and regulations in neighbouring countries and other disciplines at the TU will also be considered. Experts from neighboring countries to Nepal will also be invited.

Start: Jan/2020
 End: Dec/2021
 Status: Started
 Participants: 10
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	31 149	20 000	0	0	51 149
Meeting costs	0	0	0	15 331	0	0	15 331
Other	0	0	3 520	0	0	0	3 520
SUM - Activity	0	0	34 669	35 331	0	0	70 000
SUM - Total	0	0	34 669	35 331	0	0	70 000

Comments: PhD curriculum development:
 Budget 2021: UiO: 60 000, TU: 10 000, total: 70 000
 Used 2021: One travel from UiO to Nepal, 31 149. 1273 used from TU, 2 247 used for planned travel (cancelled due to COVID). Total: 34 669 - 70 000= 35 331
 One travel to Nepal was possible in October 2021 and the second planned travel had to be canceled in December 2021 due to the outbreak of Omicron.
 Since this is a very important and major activity that should continue in 2022, we would reallocate this to 2022.
 Budget 2022: 35 331 for one travel for UiO to Nepal for meetings/workshops in Kathmandu or vice-versa.

Name: Revision of Master curriculum by a joint team
 Activity: Joint curriculum development
 Description: The current curriculum of Master program in Psychiatry and Psychology was developed almost 20 years ago. It is evident that the field of mental health is one of the fastest growing with inflow of several new inventions. Thus, regular update is necessary to educate these master students accordingly. Hence, a committee formed of experts from Norway and Nepal will go through curriculum of master programs and come up with some recommendations for required changes in the curriculum in Nepal. This will also give an opportunity to academicians at UiO/UiB/UiT to compare and learn from Nepal's teaching and curriculum which seems to be more intensive compared to that of Norway in both professional and master study programs.
 Start: Apr/2019
 End: Dec/2020
 Status: Completed
 Participants: 10
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	54 396	0	0	0	0	0	54 396
Meeting costs	10 000	11 554	0	0	0	0	21 554
Other	0	0	0	0	0	0	0
SUM - Activity	64 396	11 554	0	0	0	0	75 950
SUM - Total	64 396	11 554	0	0	0	0	75 950

Comments: Revision of Master curriculum by a joint team:
 Closed.

Name: Psychosocial intervention and crisis psychology (University of Bergen)
 Activity: Joint development of courses, study programmes and degrees

Description: This will be an elective (10 ECT) course for students from IOM and UiB focusing on cultural aspects of mental health, assessment and therapy during crisis. A special emphasis on trauma, grief and PTSD will be given.
Development of course by Center for Crisis Psychology, UIB with experts from TU

Start: Jan/2019
End: Dec/2019
Status: Completed
Participants: 2

Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	21 496	0	0	0	0	0	21 496
Meeting costs	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0
SUM - Activity	21 496	0	0	0	0	0	21 496
SUM - Total	21 496	0	0	0	0	0	21 496

Comments: Travel and accommodation at the rate of 20000 NOK per person x 1 person as stipulated elsewhere.
Meeting costs include food and other local expenses.

Comments and real expenses: visit to UiB by Mita Rana- Travel expenses: 16792,-
Accommodation: 4704.
This post is final and completed.

Name: Eqiptment and publishing fee for 2 PhD students at Tribhuvan University
Activity: Other activities
Description: The amount of 46 000 NOK were reallocated from the post of total: 140 000 NOK "Student mobility - PhD students from Nepal to Norway" 16 000 to cover 2 laptops for 2 PhD candidates, and 30 000 NOK to cover Open Access publishing fee for the PhD candidates.
Start: Jun/2020
End: Dec/2020
Status: Completed
Participants: 2

Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	0	0	0	0	0
Meeting costs	0	0	0	0	0	0	0
Other	0	33 825	0	0	0	0	33 825
SUM - Activity	0	33 825	0	0	0	0	33 825
SUM - Total	0	33 825	0	0	0	0	33 825

Comments: Eqiptment and publishing fee for 2 PhD students at Tribhuvan University, Comments 2020:
Budget 2021: 32175
Used 2021: 0
Budget 2022: We apply to reallocate the remaining amount of 32 175 to "conference and publishing fee" for PhD students.

Name: Increased Infrastructure at Kanti Hospital
Activity: Other activities
Description: To increase the infrastructure at Kanti Hospital. In line with the need of IOM, TU, there is a need to increase IT facility for better supervision and common teaching of PhD- and master students in the field of child psychiatry. This will enhance the clinical practice and combined with supervision by UiT for staffs and students at Kanti hospital and partly at Tribhuvan University. In the dedicated office area, there is a need for video conference equipment, and office set up for better teaching. This will enhance the students' academic progress, and improve the collaboration across the institutions.
Start: Jan/2021
End: Dec/2021
Status: Completed

Participants: 10

Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	0	0	0	0	0
Meeting costs	0	0	0	0	0	0	0
Other	0	0	50 000	0	0	0	50 000
SUM - Activity	0	0	50 000	0	0	0	50 000
SUM - Total	0	0	50 000	0	0	0	50 000

Comments: Increased Infrastructure at Kanti Hospital:
Budget 2021: 50 000.
Used 2021: 50 000
Completed.

Name: Increased Infrastructure at Tribhuvan University, Department of Psychology and Pshyciathry
Activity: Other activities
Description: Approved application from DIKU 22. June 2020, to reallocate funds from Student mobility to this purpose with an aim to replace the physical mobility with a digital mobility. The amount of 150 000 NOK from a total of: 244 000 "Student mobility - Master mobility from Nepal to Norway", 50 000 NOK from UiB, 100 000 NOK from UiO. That was used for infrastuctural eqiptment, office room, and meeting areas, for supervision with digital and or physical meetings at Tribhuvan University. This has been essential in order to carry out several planned activities in 2020. This has significantly improved the frequency of digital communication as the internet in many homes are unstable. This has been used by the students and teachers for meetings, seminars and for supervisions.
Start: Jun/2020
End: Dec/2020
Status: Completed
Participants: 30

Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	0	0	0	0	0
Meeting costs	0	0	0	0	0	0	0
Other	0	145 398	0	0	0	0	145 398
SUM - Activity	0	145 398	0	0	0	0	145 398
SUM - Total	0	145 398	0	0	0	0	145 398

Comments: Increased Infrastructure at Tribhuvan University, Department of Psychology and Pshyciathry, Comments 2020:
Refer to the email from Sidsel Holmberg, DIKU on 22 June 2020, DIKU approved reallocation to mitigate the effects of the pandemic. This was used to facilitate office setup and IT infrastructures such as computers and overhead projectors etc.
Total amount used for increased infrastructure: 145 398 NOK of 150 000 approved Amount.
Difference: 4602 NOK. Reallocated to other post.
Completed.

New activities No

3.2 Implementation of joint educational activities

3.2 Implementation of joint educational activities

Name: Local NGO and partners in Nepal and Norway
Activity: Collaboration with partners from the public and private sectors, NGOs and local communities
Description: Lump sum allocations to local partners in Nepal and Norway in order to facilitate travel to working meetings and planning og educational activities, outplacements and/ or conferences and seminars during the project period.
Start: Jan/2019
End: Dec/2023

Status: Started
 Level: All levels
 Participating students: 0
 Participating academic and administrative staff: 6
 ECTS:
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	12 602	0	0	40 000	0	0	52 602
Venue and local transport	0	0	0	0	0	0	0
Student scholarships	0	0	0	0	0	0	0
Other	0	0	0	20 000	20 000	20 000	60 000
SUM - Activity	12 602	0	0	60 000	20 000	20 000	112 602
SUM - Total	12 602	0	0	60 000	20 000	20 000	112 602

Comments: Collaboration- Local NGO and partners in Nepal and Norway;
 Budget 2021: 50 000
 Used 2021: 0, we apply to transfer the unused amount to 2024
 Budget 2022: Norwegian partners' (UiB, UiT, others) travel to Oslo 20 000, Nepalese partner's (Kanti) travel to Oslo: 20 000.
 Nepalese partner's (Mental hospital/NAMS) travel to Norway 20 000 which was originally planned for travel from Norway to Nepal for FORUT.
 Budget 2023 and 2024: 20 000 for internal travels (UiB, UiT, UiO)

Name: Study visits
 Activity: Courses/trainings/study visits for academic and administrative staff
 Description: Exchanges of academic and administration staffs between Norway and Nepal in the initial two years to have an orientation of the collaborating Universities for the formation of future plans
 Start: Jan/2019
 End: Dec/2020
 Status: Started
 Level: All levels
 Participating students:
 Participating academic and administrative staff: 10
 ECTS:
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	79 909	21 185	0	25 000	0	25 000	151 094
Venue and local transport	0	0	0	0	0	0	0
Student scholarships	0	0	0	0	0	0	0
Other	8 696	0	0	0	0	0	8 696
SUM - Activity	88 605	21 185	0	25 000	0	25 000	159 790
SUM - Total	88 605	21 185	0	25 000	0	25 000	159 790

Comments: Study visits,
 Original budget 2022: UiO: 50 000 NOK, UiT: 25 000 NOK
 Proposed change. 25 000 for visit of VC/Dean from TU to UiO in 2022. We apply to transfer 25 000 NOK to 2024 for UiO and 25 000 NOK to a new PhD student from KCH to UiT. (a new student mobility than planned)

Name: International course in trauma, cultural psychiatry, global mental health and child psychiatry
 Activity: Joint field courses, intensive courses and summer schools
 Description: Each year 5-7 days intensive courses will be organized in Kathmandu in October which will be attended by all master and PhD students at IOM, TU . This also includes other exchanged students from Norway. These exchanged students are planned to be posted in Nepal in this time period. Staffs from collaborating partners as well as mental health professionals from other organizations will also be invited. This course will be accredited by Nepal Medical Associations.
 Start: Aug/2019

End: Nov/2023
 Status: Started
 Level: All levels
 Participating students: 50
 Participating academic and administrative staff: 15
 ECTS: 5
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	35 353	0	0	60 000	60 000	60 000	215 353
Venue and local transport	15 000	0	0	20 000	20 000	20 000	75 000
Student scholarships	0	0	0	0	0	0	0
Other	5 000	0	0	5 000	5 000	5 000	20 000
SUM - Activity	55 353	0	0	85 000	85 000	85 000	310 353
SUM - Total	55 353	0	0	85 000	85 000	85 000	310 353

Comments: International course in trauma, cultural psychiatry, global mental health and child psychiatry:
 Budget 2021: UiO: 40 000, UiB: 20 000, TU: 25 000. Total: 85 000
 Used 2021: 0, We got approval to transfer this to 2024 in last years report. Budget is updated.
 Budget 2022: UiO: 40 000 UiB: 20 000 TU: 25 000: Total 85 000

Name: Joint teaching and supervision
 Activity: Joint teaching and supervision, incl. guest lecturing
 Description: Joint teaching or exchange of teachers between Nepal and Norway. These teachers will teach regular master students at respective Universities.
 Start: Jan/2020
 End: Nov/2023
 Status: Started
 Level: Master and PhD
 Participating students: 35
 Participating academic and administrative staff: 12
 ECTS:
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	23 177	0	60 000	60 000	20 000	163 177
Venue and local transport	0	0	0	3 000	3 000	0	6 000
Student scholarships	0	0	0	0	0	0	0
Other	0	0	0	4 000	4 000	5 000	13 000
SUM - Activity	0	23 177	0	67 000	67 000	25 000	182 177
SUM - Total	0	23 177	0	67 000	67 000	25 000	182 177

Comments: Joint teaching and supervision, comments 2020:
 Budget 2021: 25000 NOK, Used: 0 due to the pandemic.
 Request to transfer 25 000 NOK to 2024 for the same purpose (travel cost to one academic staff UiO to TU)
 Budget 2022: UiO: 20 000, UiT 20 000, TU: 20 000, Other cost: 7000. Total 67 000.

Name: PhD forum of past and current PhD students
 Activity: Other activities
 Description: A PhD forum of those with PhDs or those pursuing PhDs in health sciences at any Norwegian Universities have been established since 2019 under the initiation of Bernadette Kumar. They are having regular meetings which have been participated by several PhDs and faculties where PhD related projects and papers have been discussed. This has also included another renowned University called Kathmandu University in Nepal which has collaborated with NTNU. This forum is also very important for starting a PhD course and program at IOM TU from 2022/23.
 Start: Jan/2020
 End: Dec/2023
 Status: Started

Level: PhD
 Participating students: 10
 Participating academic and administrative staff: 10
 ECTS:
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	4 338	25 662	15 000	15 000	60 000
Venue and local transport	0	0	0	0	0	0	0
Student scholarships	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0
SUM - Activity	0	0	4 338	25 662	15 000	15 000	60 000
SUM - Total	0	0	4 338	25 662	15 000	15 000	60 000

Comments: PhD forum of past and current PhD students, Comments 2021:
 Budget 2021: 15 000
 Used 2021: 4338 - 15000= 10 662. We apply to transfer this to 2022. Budget is updated.
 Due to the pandemic it was not possible to arrange meetings as planned.

Name: Full degree scholarship for Master students (additional allocation)
 Activity: Student mobility
 Description: Accordingly to granted application, the student will start at UiO august 2021.
 Start: Aug/2021
 End: Jun/2023
 Status: Not started
 Level: Master
 Participating students: 1
 Participating academic and administrative staff: 3
 ECTS: 120
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	0	0	0	0	0
Venue and local transport	0	0	0	0	0	0	0
Student scholarships	0	0	57 495	137 988	77 997	0	273 480
Other	0	0	26 520	0	0	0	26 520
SUM - Activity	0	0	84 015	137 988	77 997	0	300 000
SUM - Total	0	0	84 015	137 988	77 997	0	300 000

Comments: Budget 2021: 157 450
 Used 2021: 84 010, the candidate joined the fulltime master program in August 2021
 Budget 2022: 137 988
 Budget 2023: 77 997

Name: Master student mobility from Nepal to Norway
 Activity: Student mobility
 Description: 17 students will come for 3 month's visit to Norway in 2020-2023;
 4 each year from 2020 to 2022 and 5 in 2023 (two of them can be from Kanti Children Hospital)
 The students during their visit will be attending courses conducted in English in the respective Norwegian Universities, shadowing mental health professionals involved in the project. A major focus will also be given to strengthening of the research projects / Master thesis of the visiting master students. Students will also encouraged to be involved with the ongoing research projects conducted by Norwegian project partners. Students can also attend presentations, seminars and conferences that are conducted in English in Norway.
 Start: Jan/2020
 End: Dec/2023
 Status: Started
 Level: Master
 Participating students: 25

Participating academic and administrative staff:

ECTS:

Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	0	45 000	250 000	270 000	565 000
Venue and local transport	0	0	0	0	0	0	0
Student scholarships	0	0	0	45 000	0	0	45 000
Other	0	0	0	0	0	0	0
SUM - Activity	0	0	0	90 000	250 000	270 000	610 000
SUM - Total	0	0	0	90 000	250 000	270 000	610 000

Comments:

Master student mobility from Nepal to Norway, Comments:

Budget 2021: 0

Used 2021: 0

Budget: 2022:

Til UiO 3 students for 1 month stay: $3 \times 25\,000 = 75\,000$

Til UiO 2 students for 2 months stay: $2 \times 35\,000 = 70\,000$

Til UiB 3 students 2 months stay: $3 \times 35\,000 = 105\,000$

Total students: 8 Total amount: 250 000

Travel costs in 2022: $@15\,000 \times 8 \text{ students} = 120\,000$

Scholarship in 2022: $@10\,000 \times 13 \text{ months} = 130\,000$

Proposed change in 2022: Due to the loss of one academic year, TU cannot send any master students to UiO in 2022. These students will be supervised digitally from UiO and also during the visits to TU by the UiO teachers. However, IOM TU can send one new PhD student for 3 months and can still send 3 students to UiB. In 2024, there will be more student mobilities.

To UiB - 3 students for 6 weeks $6 \times 30\,000 = 90\,000$

Travel costs in 2022: $@15\,000 \times 3 = 45\,000$

Scholarship in 2022: $@15\,000 \times 3 \times 6 \text{ weeks} = 45\,000$

We apply for the remaining amount, 160 000 to be transferred to a new PhD student from TU to UiO for 3 months stay from 2022-2024. We hereby assure that money allocated for student activities will not be used for any other purposes.

Budget: 2023:

Til UiO 3 students for 1 month stay: $3 \times 25\,000 = 75\,000$

Til UiO 2 studenter for 2 months stay: $2 \times 35\,000 = 70\,000$

Til UiB 3 students for 2 month stay: $3 \times 35\,000 = 105\,000$

Total students: 10 Total amount: 250 000

Budget: 2024: Total: 270 000

Til UiO 1 student for 1 months stay: $= 25\,000$

Til UiO 4 students for 2 months stay: $4 \times 35\,000 = 140\,000$

Til UiB 3 students 2 months stay: $3 \times 35\,000 = 105\,000$

Total student: 8 Total amount: 270 000

Travel costs in 2023 and 2024: $@15\,000 \times 18 \text{ students} = 270\,000$.

Scholarship in 2023 and 2024: $@10\,000 \times 34 \text{ months} = 340\,000$

Name:

Master student mobility from Norway to Nepal

Activity:

Student mobility

Description:

Master students visiting Nepal for 3 months each will be allocated as follows, 8 from Bergen, 6 from Oslo and 2 from Tromsø.

The students during their visit will be attending regular courses (including annual October course), shadowing other mental health professionals and visiting involved NGOs. Since all the academic activities such as case conferences, presentations, clinical rounds are conducted everyday in English in DPMH,IOM,TU, Norwegian students posted can attend these. Apart from that, those students interested in doing research in Nepal can do their fieldwork after preparing their project beforehand in

Norway. Students can also attend International Mental Health Conference occurring everyother year.

Start: Jan/2020
 End: Dec/2023
 Status: Not started
 Level: Master
 Participating students: 16
 Participating academic and administrative staff:
 ECTS:
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	104 712	208 000	104 000	45 408	462 120
Venue and local transport	0	0	0	0	0	0	0
Student scholarships	0	0	0	0	0	0	0
Other	0	0	11 880	0	0	0	11 880
SUM - Activity	0	0	116 592	208 000	104 000	45 408	474 000
SUM - Total	0	0	116 592	208 000	104 000	45 408	474 000

Comments: Master student mobility from Norway to Nepal
 Budget 2021:
 From UiO, 3 students for 2 months: 3 x 27 000 = 81 000
 From UiB, 3 students for 2 months: 3 x 27 000 = 81 000
 Total students: 6 Total amount: 162 000

Used amount: UiB students to Nepal (total 4): 82 000, Sensur cost: 11 880. UiO student to Nepal (total 1) 22 712. 162 000- 116 592 = 45 408 , which is the remaining amount from 2021.

COMMENTS:
 In 2021- we were able to send 1 master student from UiO and 7 master (4 + 3) from UiB to TU for 1 month.
 Of the 7 students from UiB, 3 were paid by another NORPART project with Vietnam. The unused amount will be used to increase master student mobility in 2023-2024. from Nepal to Norway.

Revised budget 2022: Revised budget includes internship fee at Kanti of 2000 kr per student. per month.
 From UiO 2 students for 6 weeks: 2 x 26 000 = 52 000
 From UiB 3 students for 6 weeks : 3 x 26 000 = 78 000
 From UiT 2 students for 3 months: 2 x 39 000 = 78 000
 Total students: 7 Total amount: 208 000

Budget 2023:
 From UiO, 2 student for 6 weeks : 2 x 26 000= 52 000
 From UiB, 2 students for 6 weeks: 2 x 26 000 = 52 000
 Total student: 4, Total amount: 104 000

Name: Mobility of 2 new PhD student from Nepal to Norway
 Activity: Student mobility
 Description: As per the request of the collaborating University and institutions, we are creating mobilities of 2 PhD students; 1 from IOM TU to UiO for 3 months /year x 3 and 1 from KCH to UiT 1-3 months x 2. This is vert essential for capacity building of these institutions which are planing to strat PhD course.

Start: May/2022
 End: Dec/2024
 Status: Not started
 Level: PhD
 Participating students: 2
 Participating academic and administrative staff: 6
 ECTS: 60

Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	0	15 000	30 000	30 000	75 000
Venue and local transport	0	0	0	0	0	0	0
Student scholarships	0	0	0	51 000	102 000	85 000	238 000
Other	0	0	0	4 000	8 000	2 166	14 166
SUM - Activity	0	0	0	70 000	140 000	117 166	327 166
SUM - Total	0	0	0	70 000	140 000	117 166	327 166

Comments:

New PhD student from Tribhuvan University to University of Oslo.
 Reallocated 60 000 from unused funds from PhD exchange 2021.
 Reallocated 160 000 from master exchange Nepal- Norway 2022.
 2022: 3 months visit to UiO - 70 000
 2023: 3 months visit to UiO - 70 000
 2024: 3 months visit to UiO - 70 000

New PhD student from KCH to UiT
 Reallocated 25 000 from study visit fra UiT to Kathmandu + 2 master students from KCH to UiT =90 000 NOK
 2023: 3 months visit to UiT - 70 000
 2024: 2 months visit to UiT- 47 166

Name:

PhD students from Nepal visiting Norway

Activity:

Student mobility

Description:

PhD students from Nepal visiting Bergen, Oslo, Tromsø.
 There will be two new PhD students enrolled in UiO on the year 2019 and 2020, from Faculty of DPMH, IOM, TU. They are included to built the capacity of the Department, so as to start PhD program from 2022 in the department itself. One PhD student will be from KCH. They will be visiting Norway for 3 months every year for their PhD courses. During these visits, the students will be attending their PhD courses in the UiO. Apart from that they will be meeting and discussing with their supervisors and respective research groups.
 Then each year a PhD student will be enrolled from 2022 in DPMH, IOM, TU. They will have an opportunity to visit Norway one time during their PhD program to gain experiences. During this visit they will have a brief orientation about research in Norway as well as an insight to the PhD program in Norway.

Start:

Jan/2019

End:

Dec/2023

Status:

Started

Level:

PhD

Participating students:

4

Participating academic and administrative staff:

0

ECTS:

Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	12 072	0	0	45 000	30 000	0	87 072
Venue and local transport	2 250	0	0	9 000	6 000	0	17 250
Student scholarships	51 000	0	0	153 000	102 000	90 000	396 000
Other	1 375	0	0	3 000	2 000	0	6 375
SUM - Activity	66 697	0	0	210 000	140 000	90 000	506 697
SUM - Total	66 697	0	0	210 000	140 000	90 000	506 697

Comments:

PhD students from Nepal visiting Norway, Comments 2020:
 Budget 2021: UIO: 140 000, UiT: 50 000 (20 000 reallocated in 2020 for equipment).
 Used: 0
 Proposed change: As the pandemic has caused delays for the PhD students' progress, they need to travel to Norway for an additional year, for their dissertations for one month stay in 2024, 30 000 each x 3= 90 000. This will again be new mobilities. We thus apply to transfer 90 000 to 2024, and to reallocate the remaining 60 000 to the new post, "Mobility for two new PhD students in Nepal to Norway" from 2022- 2024. and 40 000 to "conferences and publications fee for PhD students"

2022: 3 PhD students to Norway (1 to UiT, 2 to UiO) for 3 months @70000 x 3=210000 Kr
 2023: 2 PhD students (1 to UiO, 1 to UiT) for 3 months
 2024: 3 PhD students to UiT and UiO for dissertation. Travel and accommodation.

Name: PhD students from Norway visiting Nepal
 Activity: Student mobility
 Description: 1 PhD student each year visit Nepal for 3-6 months stay. Students will have an option to do PhD in cross cultural subjects or global mental health or be involved in ongoing researches and come to Nepal as exchange students. For this we have allocated a sum of money for one PhD candidate for 2 visits who wants to do fieldwork in Nepal with total stay of 6-9 months. Apart from that, PhD students with ongoing PhD can come to Nepal to attend courses and conferences. PhD students will also be provided opportunity to conduct classes on research methodology for Master students of Nepal.
 Start: Apr/2019
 End: Dec/2023
 Status: Started
 Level: PhD
 Participating students: 5
 Participating academic and administrative staff:
 ECTS:
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	0	15 000	15 000	0	30 000
Venue and local transport	0	0	0	0	0	0	0
Student scholarships	0	60 000	30 000	30 000	30 000	0	150 000
Other	0	0	0	0	0	0	0
SUM - Activity	0	60 000	30 000	45 000	45 000	0	180 000
SUM - Total	0	60 000	30 000	45 000	45 000	0	180 000

Comments: PhD students from Norway visiting Nepal, Comments 2020:
 Budget 2021: 70 000
 Used 2021: 30 000. Only use of the scholarship in 2021 due to the pandemic, we reallocate the remaining 40 000 to cover travel and other cost for the dissertation in 2022. Reallocated to the post "conferences etc..for PhD...." post in 2022.
 Budget 2022 & 2023 are allocated for 1 PhD student from UiO and UiT , respectively for 3 months' stay in Nepal.
 Monthly scholarship @10 000

Name: Students participation- Attendance at conferences, courses for PhD students
 Activity: Student participation in research activities/projects
 Description: Granted reallocation from annual report 2019. To facilitate for participation at conference, courses for PhD student in Norway or Nepal within the project period.
 Start: Jan/2020
 End: Dec/2023
 Status: Not started
 Level: PhD
 Participating students: 2
 Participating academic and administrative staff: 0
 ECTS: 0
 Budget and expenditures:

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Activity							
Travel and accommodation	0	0	0	40 003	40 003	40 003	120 009
Venue and local transport	0	0	0	0	0	0	0
Student scholarships	0	0	0	0	0	0	0
Other	0	0	0	40 000	0	0	40 000
SUM - Activity	0	0	0	80 003	40 003	40 003	160 009
SUM - Total	0	0	0	80 003	40 003	40 003	160 009

Comments:

Attendance at conferences and courses for PhD students:
This was approved by DIKU as mentioned in annual report from 2019.
We are asking to distribute the total amount over three years.
Budget 2022: 50 000, we apply to transfer 32 175 from "equipment /publication fee for PhD students" and 40 000 from unused fund for 1 PhD mobility in 2021
Total: 50 000 + 32175 + 40 000 = 122 175. We will distribute this over three years for all PhD students.

40 000 allocated in others for 2022 are to cover mobility of 2 PhD students from Nepal to Norway to cover travel and other dissertation costs (These will also be additional mobilities).

New activities

Yes

Mobility of 2 new PhD student from Nepal to Norway

4. Budget and expenditure

4.1 Expenditures 2021

NOK - Norwegian kroner	Expenditure 2021	Budget 2021
Implementation of educational activities		
Collaboration with partners from the public and private sectors, NGOs and local communities - Local NGO and partners in Nepal and Norway	0	50 000
Courses/trainings/study visits for academic and administrative staff - Study visits	0	0
Joint field courses, intensive courses and summer schools - International course in trauma, cultural psychiatry, global mental health and child psychiatry	0	85 000
Joint teaching and supervision, incl. guest lecturing - Joint teaching and supervision	0	25 000
Other activities - PhD forum of past and current PhD students	4 338	15 000
Student mobility - Full degree scholarship for Master students (additional allocation)	84 015	157 450
Student mobility - Master student mobility from Nepal to Norway	0	0
Student mobility - Master student mobility from Norway to Nepal	116 592	162 000
Student mobility - Mobility of 2 new PhD student from Nepal to Norway	0	0
Student mobility - PhD students from Nepal visiting Norway	0	190 000
Student mobility - PhD students from Norway visiting Nepal	30 000	70 000
Student participation in research activities/projects - Students participation- Attendance at conferences, courses for PhD students	0	0
SUM - Implementation of educational activities	234 945	754 450
Project development		
International project meetings - Annual project meeting	6 214	55 000
Joint curriculum development - PhD curriculum development	34 669	70 000
Joint curriculum development - Revision of Master curriculum by a joint team	0	0
Joint development of courses, study programmes and degrees - Psychosocial intervention and crisis psychology (University of Bergen)	0	0
Other activities - Equipment and publishing fee for 2 PhD students at Tribhuvan University	0	32 175
Other activities - Increased Infrastructure at Kanti Hospital	50 000	50 000
Other activities - Increased Infrastructure at Tribhuvan University, Department of Psychology and Psychiatry	0	0
SUM - Project development	90 883	207 175
Salary and indirect costs		
Salary, remuneration of consultants and indirect costs	163 480	163 480
SUM - Salary and indirect costs	163 480	163 480
Sub-total	489 308	1 125 105
SUM - Total	489 308	1 125 105

Comments to expenditure 2021

General comments: Due to the pandemic, most of the physical mobilities and meetings could not take place as planned. Many of them were however replaced by digital meetings and digital courses. This is the major reason behind the significantly reduced use (530 028 NOK) of the budgeted 1 125 105 NOK) in 2021. Although we have been informed that we could use up to 40% of the allocated budget for salaries and indirect costs like in 2020, we chose not to do so, but we would rather allocate the unused amount on educational activities and mobilities of students in the upcoming years including the extended year -2024 which we think is much more important.

1. Collaboration with partners from the public and private sectors, NGOs and local communities - Local NGO and partners in Nepal and Norway: Budget: 50000 Used: 0

This could not be used due to the pandemic and has been transferred to 2022.

2. Joint field courses, intensive courses and summer schools - International course in trauma, cultural psychiatry, global mental health and child psychiatry: Budget: 85000 Used : 0

Transferred to 2024, as approved in the last year's annual report.

3. Joint teaching and supervision, incl. guest lecturing - Joint teaching and supervision: Budget:25 000 Used: 0

We could not organize this event due to the pandemic. Since the project has been approved for no expense extension in 2024, we would like to allocate that amount for the same purpose in 2024.

4. Other activities - PhD forum of past and current PhD students: Budget: 15 000 Used: 4 338

Due to the pandemic, it was not possible to arrange meetings as planned. The remaining amount is transferred to 2022.

5. Student mobility - Full degree scholarship for Master students (additional allocation): Budget: 157 450 Used: 124 735

Since the fulltime master student at UiO started in August 2021, the used amount is less than budgeted. She will be finishing her master by June 2023 and needs the remaining amount for her scholarship in 2023.

6. Student mobility - PhD students from Nepal visiting Norway: Budget: 190 000 Used: 0

Since 3 PhD students from Nepal could not come to Norway in 2021 due to the pandemic, we have reallocate the funds as new post "mobility of 2 new PhD students from Nepal to Norway", This will increase the number of long-term mobilities and will contribute in capacity building for PhD program at TU.

7. Student mobility - PhD students from Norway visiting Nepal: Budget: 70 000 Used: 30 000

Of the same reason (pandemic), we could not send more PhD students from Norway to Nepal. We have requested to use this amount for an additional /new mobility of PhD student as explained above.

8. International project meetings - Annual project meeting: Budget: 55 000 Used: 6 214

Due to the pandemic, we could not organize this meeting physically. However, we organized a digital annual meeting in 2021. Since we are planning an annual meeting and midterm evaluation in Oslo this year, we would like to request to transfer the unused amount to 2022 so that we can invite our major stakeholders from Nepal to Oslo this year thus making this a great event.

9: Joint curriculum development - PhD curriculum development: Budget: 70 000 Used: 34 669

This was also only partly implemented due to the pandemic. PhD curriculum work will continue and we thus request to transfer the unused amount to 2022.

10. Other activities - Equipment and publishing fee for 2 PhD students at Tribhuvan University: Budget: 32 175 Used: 0

This was reallocated for the publishing fee but this was not required in 2021. We request to transfer this to 2022-2024.

11. Other activities - Increased Infrastructure at Kanti Hospital: Budget: 50 000 Used: 50 000

No comments required (completed)

12. Revision of Master curriculum by a joint team: Budget: 0 Used: 0

No comments required (completed)

13. Equipment and publishing fee for 2 PhD students at Tribhuvan University: Budget: 32175 Used: 0

Reallocated to PhD Forum.

16. Salary, remuneration of consultants and indirect costs: Unchanged

Although we have been informed that we could use up to 40% of the allocated budget for salaries and indirect costs like in 2020, we chose not to do so, but rather allocate the unused amount on educational activities and mobilities of students in the upcoming years including the extended year -2024. Thus we are trying to implement this project with low cost for this particular purpose (around 13%) although we have had some extra burdens in 2021 as well.

Anti-corruption measures

All funds that were transferred to Nepal, are documented by invoice with receipts. We have otherwise

followed University's rules and practices. All the receipts associated with all the expenses are secured.

4.2 Budget

NOK - Norwegian kroner	Expenditure 2019	Expenditure 2020	Expenditure 2021	Budget 2022	Budget 2023	Budget 2024	Sum
Implementation of educational activities							
Collaboration with partners from the public and private sectors, NGOs and local communities - Local NGO and partners in Nepal and Norway	12 602	0	0	60 000	20 000	20 000	112 602
Courses/trainings/study visits for academic and administrative staff - Study visits	88 605	21 185	0	25 000	0	25 000	159 790
Joint field courses, intensive courses and summer schools - International course in trauma, cultural psychiatry, global mental health and child psychiatry	55 353	0	0	85 000	85 000	85 000	310 353
Joint teaching and supervision, incl. guest lecturing - Joint teaching and supervision	0	23 177	0	67 000	67 000	25 000	182 177
Other activities - PhD forum of past and current PhD students	0	0	4 338	25 662	15 000	15 000	60 000
Student mobility - Full degree scholarship for Master students (additional allocation)	0	0	84 015	137 988	77 997	0	300 000
Student mobility - Master student mobility from Nepal to Norway	0	0	0	90 000	250 000	270 000	610 000
Student mobility - Master student mobility from Norway to Nepal	0	0	116 592	208 000	104 000	45 408	474 000
Student mobility - Mobility of 2 new PhD student from Nepal to Norway	0	0	0	70 000	140 000	117 166	327 166
Student mobility - PhD students from Nepal visiting Norway	66 697	0	0	210 000	140 000	90 000	506 697
Student mobility - PhD students from Norway visiting Nepal	0	60 000	30 000	45 000	45 000	0	180 000
Student participation in research activities/projects - Students participation- Attendance at conferences, courses for PhD students	0	0	0	80 003	40 003	40 003	160 009
SUM - Implementation of educational activities	223 257	104 362	234 945	1 103 653	984 000	732 577	3 382 794
Project development							
International project meetings - Annual project meeting	46 786	60 273	6 214	123 786	65 000	0	302 059
Joint curriculum development - PhD curriculum development	0	0	34 669	35 331	0	0	70 000
Joint curriculum development - Revision of Master curriculum by a joint team	64 396	11 554	0	0	0	0	75 950
Joint development of courses, study programmes and degrees - Psychosocial intervention and crisis psychology (University of Bergen)	21 496	0	0	0	0	0	21 496
Other activities - Equipment and publishing fee for 2 PhD students at Tribhuvan University	0	33 825	0	0	0	0	33 825
Other activities - Increased Infrastructure at Kanti Hospital	0	0	50 000	0	0	0	50 000
Other activities - Increased Infrastructure at Tribhuvan University, Department of Psychology and Psychiatry	0	145 398	0	0	0	0	145 398
SUM - Project development	132 678	251 050	90 883	159 117	65 000	0	698 728
Salary and indirect costs							
Salary, remuneration of consultants and indirect costs	157 401	473 354	163 480	163 480	163 480	89 783	1 210 978
SUM - Salary and indirect costs	157 401	473 354	163 480	163 480	163 480	89 783	1 210 978
SUM - Total	513 336	828 766	489 308	1 426 250	1 212 480	822 360	5 292 500

Total allocation	5292500
Remaining funds	0

Comments to the budget

-Even though DIKU/HK directorate has allowed us to use up to 40% to the indirect administrative costs in 2021 due to the pandemic, we decided not to increase this rate. We would rather like to use the funds for academic activities and student mobilities although our allocation to indirect costs was already very low (< 13%) from the start of the project except for 2020.

-We have also created a new long-term mobility program for a new PhD from IOM TU to UiO.

-We have also moved some of the mobilities from 2022 to 2024.

-Activities in 2024 will replace most of the missing activities in 2020-2021 caused by the pandemic.

4.3 Balance

	Amount
Balance transferred from 2020	467 714
Disbursement from HK-dir 2021	1 029 888
Available amount	1 497 602
Expenditures	489 308
Balance	1 008 294