**PEDIATRIC EXAMINATION – THE SKILLS TRAINING CENTER**

**Observation**:

* Notably observe the child´s behaviour during both the history taking and the examination. **GENERAL CONDITION.**
* Make a mental note of what milestones and developmental stages the child should have passed, and you expect to observe throughout the consultiation.

**History taking:**

 Reason for seeking medical attention? (adressing the acute problem)

Other issues which are often adressed during a pediatric consultation:

**Pregnancy**:

**Some warning signs:**

5 mo.: not grabbing objects

9(10) mo.: not sitting

18 mo.: not walking

* First pregnancy? Special problems?
* Infections? Medication? Smoking? Alcohol? Folic acid?

**Birth**:

* Term? Weight? Length? Head circumference?
* Crying? Colour? Resuscitation? (Apgar score), Yellow?
* How long in hospital? (Prolonged stay? Why?)

**The childs health:**

* Family / social situation
* Hereditary diseases in the family, other diseases in the family
* Has she/he been ill? Been to hospital? To a doctor?
* Natural functions: Sleeping? Eating? Breastfeeding / formula? Urinating? Bowel motions?
* Allergies / food intolerance?
* Medication? (Now or earlier). Immunisation: Has he/she been following the regular program at the health center. Why not?
* Is anyone smoking at home? Pets?

**Examination:**

* **Head**: shape
* **Eyes**: Red reflex, squinting?, eye movement.
* **Mouth**: Normal uvula. WAIT TO THE END. (NB! Screwstick position)
* **Ears**: Normal membrne? WAIT TO THE END. (NB! Screwstick position.)
* **Neck**: Lymph nodes? Other tumors? Movement.
* **Chest**: Listen to heart and lungs
* **Abdomen**: Bowel sounds? Check for enlarged liver, spleen, kidneys.
* **Pulses**: Femoral and brachial: compare left and right side

**Always observe:**

-Gross Motor

-Fine Motor

-Language

-Social Skills

* **Feet**: Can you get the feet to normal positon? Grip reflex?
* **Spine**: Pits or other abnormalities? Myomeningocele?
* **Boys**: Testis/hypospadia? **Girls**: Vaginal synechia?