

UiO  Faculty of Medicine		
Immediate actions if spill/spray of blood, and injuries after accidental puncturing/ cutting		Edition : 2 (1-01.09.2009).
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Accidental puncturing /cutting with spontaneous bleeding.

1. Let it bleed, squeeze carefully.
2. Wash and rinse the injury with water and soap for 10 min.
3. Disinfect with chlorhexidin alcohol 5mg/mL or alternatively disinfection alcohol.

Accidental puncturing /cutting without bleeding.

1. Do not squeeze, do not provoke bleeding.
2. Wash and rinse the injury with soap and water for 10 min
3. Disinfect with chlorhexidin alcohol 5mg/mL or possibly disinfection alcohol.

Spray of blood in the eyes or on mucous membrane (nose/mouth)

1. Rinse immediately with excess physiological salt water or plain water for 10 min.

Spill of blood into wounds or scratches/fissures in the skin.

1. Rinse immediately with a lot of water.
2. Disinfect with chlorhexidin alcohol 5mg/mL or alternatively disinfected alcohol.

Spill on intact skin.

1. Wash well with a plenty of water.
2. Further precautions are not necessary.

Contact immediately the Health Service at UiO for a blood test or if necessary treatment after injury.