UiO Faculty of Medicine		
Instructions for use of gloves at NCMM		Filing number in ePhorte: 2016/7560  Page : 1 of 1 Date : 10.07.2015
Elaborated for NCMM	Approved by:	Edition: 3 2-2012
HSE-coordinator and Ingrid Kjelsvik	Centre Director Kjetil Taskén	15.02.2017

Always use gloves during analysis/investigation when relevant:	<ul><li>1) To protect yourself from chemical or biological contamination</li><li>2) To protect your samples from you contaminating the samples</li></ul>
Remove gloves and wash your hands:	<ol> <li>When your work is finished</li> <li>On suspicion of contamination</li> <li>When leaving the lab</li> </ol>
Replace your gloves:	<ol> <li>On suspicion of contamination</li> <li>When moving to another lab and you carry items which need protection or you need to protect yourself.</li> <li>✓ Please use your elbow /wrist for opening doors, elevators etc.</li> </ol>
Never use gloves when:	<ul> <li>1) Touching computer keyboards/ mouse, handlebars, radios, telephone, elevators etc.</li> <li>✓ If you have to work in a mixed situation during examination, please keep one hand without glove for computer-work etc.</li> </ul>

- Always be alert and aware of what you touch with your gloves to avoid contamination.
- If you have an accident, clean the area!

